Lab on a Chip



CRITICAL REVIEW



Cite this: Lab Chip, 2016, 16, 4263

Recent advances in X-ray compatible microfluidics for applications in soft materials and life sciences

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The increasingly narrow and brilliant beams at X-ray facilities reduce the requirements for both sample volume and data acquisition time. This creates new possibilities for the types and number of sample conditions that can be examined but simultaneously increases the demands in terms of sample preparation. Microfluidic-based sample preparation techniques have emerged as elegant alternatives that can be integrated directly into the experimental X-ray setup remedying several shortcomings of more traditional methods. We review the use of microfluidic devices in conjunction with X-ray measurements at synchrotron facilities in the context of 1) mapping large parameter spaces, 2) performing time resolved studies of mixing-induced kinetics, and 3) manipulating/processing samples in ways which are more demanding or not accessible on the macroscale. The review covers the past 15 years and focuses on applications where synchrotron data collection is performed in situ, i.e. directly on the microfluidic platform or on a sample jet from the microfluidic device. Considerations such as the choice of materials and microfluidic designs are addressed. The combination of microfluidic devices and measurements at large scale X-ray facilities is still emerging and far from mature, but it definitely offers an exciting array of new possibilities.

Received 12th July 2016, Accepted 21st September 2016

DOI: 10.1039/c6lc00888g

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1 Introduction

With the development of several X-ray synchrotron sources with increasingly narrow and brilliant beams, the opportunities for investigating very large amounts of samples and sample conditions have virtually exploded in the past decade. The modern facilities allow for very efficiently answering a broad range of questions within, e.g., materials science,



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colloid science, pharmaceutical formulation, and structural biology. Large experimental parameter spaces, in terms of buffer composition or external parameters such as temperature, pressure or magnetic field, may be investigated. Moreover, increasingly strong X-ray beam intensities, available at both synchrotron and X-ray free electron laser (XFEL) facilities, have enabled novel types of data on the fast dynamics of the investigated systems to be obtained and thereby direct insight into the underlying self-assembly and functioning principles. 1-3

However, with this opportunity, a general demand for approaches to efficiently produce the very large numbers of samples required for the scanning of such a large parameter space, to position them in the synchrotron beam, and - for time-resolved experiments - to time the triggering of timeresolved processes with the data acquisition exists; all this with minimal sample consumption, which is a general requirement for the highly interesting but often only sparsely available samples. Overcoming beam damage to retain the integrity of samples and sample devices is another crucial requirement resulting from ever more brilliant beams.

Microfluidic-based approaches designed for systematic mixing and manipulating of small amounts of samples are often mentioned as an answer to these demands and have been pioneered by several groups in the context of synchrotron radiation during the past decade. The present review provides a status of the field. The development of microfluidics-based sample manipulation approaches has, to



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investigation of solution properties of proteins. She was appointed professor in Experimental Biophysics in 2011 at the University of Copenhagen (UCPH). In 2012, she joined the Niels Bohr Institute at the UCPH.



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a large extent, been driven by the broader desire to develop the so-called "lab-on-a-chip". The name "lab-on-a-chip" is a catchy moniker for devices that are small and incorporate all necessary functions to perform a chemical analysis, an assay or a synthesis on a small footprint, preferably in a hand-held device, to be used at the location where it is necessary, required or convenient. In diagnostics, this is known as point of care, and lab-on-a-chip devices for this application are considered to constitute a prospective future market. However, the name "lab-on-a-chip" has – to a certain degree – also limited the general recognition of alternative ways to exploit the underlying technology of microfluidics and of the fact that the ultimate goal is not necessarily only to shrink the entire lab and carry everything in the palm of your hand.

In the present review, it is shown that microfluidics has strong potential as a sophisticated and powerful sample preparation, manipulation, and delivery method in connection with large, and certainly not hand-held, X-ray probes and detection infrastructures. The versatility of microfluidics for production of a large number of low volume samples for specific investigations has been illustrated in combination with both mass spectrometry⁷ and NMR⁸ and also with X-ray⁹ and neutron scattering techniques, 10 mainly small-angle X-ray scattering (SAXS) and crystallography. Add in the possibility for automation and intelligent feedback, 11 and it is clear that microfluidic devices indeed hold great potential for making the best use of the expensive X-ray infrastructures, where access and measurement time are at a premium, by providing a highly efficient sample preparation and manipulation system.

The general advantages of microfluidics are manifold and have been praised several times before. Some are obvious, while others require more thinking, experiments, and engineering skills to exploit properly. Microfluidic devices are inherently useful for working with small sample volumes, which is an advantage for both rare samples and/or performing many measurements.⁵ Microfluidic devices are used extensively in the context of measurements at synchrotron beamlines in sample preparation and mixing steps. Making use of laminar flow and diffusion and carefully tuning longitudinal (axial) and transverse (radial) transport, microfluidics can be used to precisely mix small amounts of reagents. 12,13 Scanning along the microfluidic channel makes time slices available for the investigation of the sample under certain conditions or of ongoing reactions. Likewise, dropletbased microfluidics can "freeze" certain conditions (and limit dispersion) and present solutions at various (but clearly defined and reproducible) stages of mixing and reacting.¹⁴ The ease of mixing, possibility for automation and ability to process multiple samples in parallel on microfluidic platforms can help investigate a large parameter space more effectively to identify conditions and pathways for, e.g., crystallization¹⁵ or protein unfolding.11 The flow profile in the microfluidic channels may also be used actively, e.g. to shear the sample, leading to structural reordering or alignment, which can then also be investigated using the X-ray probe. 16,17

Combining a microfluidic sample preparation system with an X-ray beam setup is indeed a marriage of the small and the large, and naturally, this requires some considerations and precautions. The interface is, of course, the main important piece here, assuming that the microfluidic part has been carefully constructed, and the detection part is understood and controlled as well. In the case of connecting a microfluidic device with an X-ray beam line, it is important to look at aspects such as compatible materials, designs of the detection window, path lengths, and the interplay of flow rate (flow velocity) and exposure time to the beam. However, equally important, beam sizes, fluxes and the potential of damage to the sample caused by the beam have to be taken into consideration for successful setups. ^{18,19}

The intent of this review is to shed some light on most of the abovementioned aspects that are important when using microfluidic devices in connection with X-ray beamlines. The review is split into four main sections. Section 2 focuses on materials and fabrication methods. Section 3 focuses on how microfluidics is applied to map large parameter spaces. Here, some of the first applications were in the field of protein crystallography, while later, applications in protein formulation were proposed by combining microfluidics and solution small-angle X-ray scattering. Section 4 focuses on how microfluidics may be used to perform time resolved studies, typically in the microsecond to second range, and provides an overview of the physical limitations associated with this approach. Section 5 focuses on microfluidics used for sample manipulation and gives examples of how the extreme flow fields in the narrow channels can be used to introduce alignment or other types of sample modulation, which can then be probed *via* the narrow synchrotron X-ray beams.

Technical (materials, design, interface, etc.) as well as application aspects and examples are summarized in large tables, and selected papers are briefly discussed in the main text to highlight unique solutions or specific applications. The tables feature exclusively references where synchrotron data collection is performed in situ, i.e. the microfluidic device containing the sample or a free sample jet from the microfluidic device is placed directly in the X-ray beam path of a synchrotron source for data collection. The list of cited references is comprehensive to the best of our knowledge and covers the past 15 years.

2 Materials, fabrication methods and beam considerations

The design of the microfluidic chip, choice of material and fabrication method are important factors to consider in the fabrication of X-ray compatible microfluidic devices. A schematic with important parameters is shown in Fig. 1. The width of the microfluidic channel should be wide (the dimension which is perpendicular to the X-ray beam) enough to accommodate the size of the beam in order to minimize reflection and scattering on the channel edges. This requirement is slowly alleviated by the advent of powerful beams with

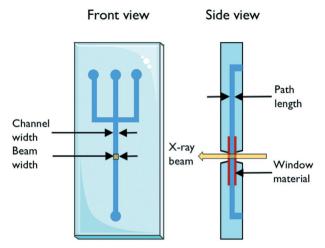


Fig. 1 Schematic of a microfluidic chip featuring X-ray compatible windows for *in situ* detection.

small dimensions down to 1 µm; 20,21 however, it can still be a limiting factor. The X-ray path length through the sample is determined by the depth (the dimension of the channel which is parallel to the beam direction) of the channel. The transmission of X-rays through the sample depends on this path length together with the sample properties and should be considered when designing a microfluidic chip for X-ray exposure. The transmission T through a sample of path length d follows $T \sim \exp(-Ad)$, where A is the linear attenuation coefficient for the given X-ray wavelength and sample material. The scattering S, on the other hand, is proportional to the scattering volume, which for a given beam size means proportional to the sample path length: $S \sim d$. Therefore, the detected scattering will be proportional to $I/I_0 \sim d \times \exp(-Ad)$, resulting in a maximum intensity for d = 1/A, which is then the ideal path length for optimal signal. For an aqueous solution and an X-ray wavelength of 1.5 Å (8 keV), the optimal path length is ca. 1 mm, and for 1.2 Å (10 keV), it is ca. 2 mm.22 For an optimized signal using an ~10 micrometer beam, the microfluidic channel can therefore be very deep, relative to its width.

An ideal chip material should allow for easy, affordable and reproducible production of high quality chips. Ideally, it is also optically transparent and compatible with X-rays. However, as this is often not the case, a common strategy is using the so-called "windows" made of a different, thinner, X-ray compatible material. This material should have high transparency (low attenuation), optimal scattering properties in terms of low level of scattering and resistance to X-ray radiation, while also featuring material properties allowing easy integration/bonding to the material forming the body of the microfluidic chip. X-ray compatible microfluidic chips have been produced using different materials. Silicon is the traditional material for microfluidics, stemming from the field of microelectronics. In the field of X-ray compatible microfluidics, it has mainly been used for microfluidic mixers. 23,24 The fabrication techniques are based on photolithography in

combination with etching and layer deposition. These techniques are very well established but also quite demanding as many processes are involved, including several steps of chemical cleaning. In addition, the aspect ratio of the channels that can be produced in one etching process is limited.²⁵ Highly transparent silicon nitride windows have been integrated successfully into microfluidic devices.^{26,27}

Polymeric materials provide a cheaper alternative to silicon. Poly(dimethylsiloxane) (PDMS) is a popular material as it is X-ray compatible and easy to cure on a pre-fabricated mold. It has been used for protein crystallization screening. ^{24,28,29} UV-curable adhesives used either alone, ^{30,31} in combination with silicon nitride windows, ²⁶ or with polystyrene windows ³² have also been used for the fabrication of X-ray chips for X-ray studies. Both PDMS and UV-curable adhesives can be patterned *via* soft lithography, ensuring an easy replication of the chips. In the case of offstoichiometry thiol-ene (OSTE), ³² the flexibility of the final cured material can be tuned by varying the composition of the reactants.

Toft et al. investigated several potential polymer-based microfluidic materials for use in combination with SAXS, from both the microfluidic (machinability, bonding and resistance to solvents) and the X-ray (transparency, scattering and X-ray endurance) viewpoints. 11 They found that polymethylmethacrylate (PMMA), polycarbonate (PC), polyvinylchloride (PVC) and polystyrene (PS) all exhibited low X-ray scattering, however with very poor transmission for PVC. Of these four, PS exhibited the best combined properties with respect to machinability, bonding and solvent resistance and was therefore chosen for SAXS experiments. 11,33 The polyimide material with the trademark name Kapton®, which is a material traditionally used for X-ray windows, featured a higher degree of X-ray scattering than any of these four. Kapton® is, however, very durable towards X-rays. Barrett et al. found that Kapton® microdevices could resist prolonged exposure (1 h) to an intense microfocused X-ray beam with no observable degradation (no leaks, no change in refractive index, no burn stains).34 In X-ray compatible microfluidics, it has been used as a window for chips made of stainless steel, 35,36 and entire chips have been fabricated using this material.37

Apart from the interaction between the chip material and the X-ray beam, the chip material can also affect the chemical reactions or biological processes ongoing in the chip. For example, crystallization conditions can be affected as water can evaporate through permeable polymers such as polydimethylsiloxane (PDMS). For this reason, COC and cyclic olefin polymer (COP) have been widely used to serve as a barrier against water evaporation. COP/COC absorb X-rays, but only over a narrow range of the wavelength spectrum from 5.4 to 5.1 Å, 15,39 while PDMS absorbs at 7.5 Å, 15 both far from the 1–2 Å X-ray wavelengths typically used in SAXS and crystallography instruments. Guha *et al.* investigated the variation in the linear attenuation coefficient as a function of X-ray energy as well as the transmission factor as a function of thickness for

COC and PDMS (Fig. 2).¹⁵ At 12.4 keV (1 Å), COC attenuates X-rays seven times less than PDMS and SiO₂. Maeki *et al.* investigated two different wall thicknesses and material capillaries for *in situ* X-ray diffraction (80 μ m-thick poly(tetrafluoroethylene) (PTFE, commonly known as Teflon) and a 10 μ m-thick glass capillary) and observed no difference in the results obtained from these two kinds of capillaries.⁴⁰

Protein adsorption to the channel walls can also be an issue. It can be addressed by confining the protein solution in droplets⁴¹ or in a sheet surrounded by pure buffer,⁴² thereby avoiding contact with the channel walls and X-ray window.

Not only can the microfluidic chip material be damaged upon intense X-ray exposure, but the sample can also be damaged. Beam damage, which is the damage inflicted on samples due to ionisation by the intense X-ray beam, is a major challenge. This is especially relevant when using extremely high intensity X-ray beams such as those available at XFEL facilities. Weierstall² thoroughly discusses this aspect

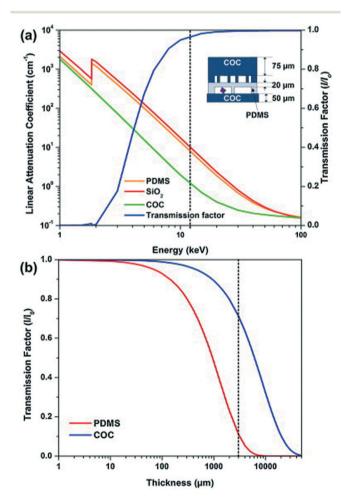


Fig. 2 (a) Linear attenuation coefficient for PDMS, COC, and ${\rm SiO_2}$ (quartz) as a function of photon energy. The transmission factor I/I_0 as a function of photon energy for a typical device architecture as shown in the schematic. (b) Transmission factor I/I_0 as a function of film thickness for PDMS and COC. The transmission factor was calculated at a photon energy of 12.4 keV corresponding to a wavelength of 1 Å (reproduced with permission from the International Union of Crystallography; Guha et al., 2012). ¹⁵

and emphasizes that the replenishment rate of the sample should match the XFEL pulses, the background scattering should be minimized by placing the sample in a vacuum, and general care should be taken to avoid that fragile samples (such as crystals) are damaged during sample handling by shear forces, charging, etc. In SAXS, radiation damage limits the data acquisition time for many sample types, including protein solutions. 19 This damage may also be prevented by continuously refreshing the sample by flowing it through the beam, 18,43-45 which is an intrinsic feature for most microfluidic systems. Cryo-SAXS has also been shown to be an alternative solution to this problem. 46 Throughout the review, summary tables are provided for each section. The summary tables include detailed information about the chip and window material, as well as the chip fabrication methods, used for each paper reviewed.

3 Combining microfluidics and X-ray scattering to map large parameter spaces in crystallography and small-angle scattering

Some experiments require that a large amount of different samples can be prepared/mixed in a controlled fashion and with minimal sample consumption. In crystallography applications, for example, samples need to be screened against an array of precipitants to identify appropriate crystallization conditions. The study of unfolding or other conformational changes of proteins in response to variations in their chemical environment by SAXS also requires the investigation of a large parameter space, not least, because the conditions which promote structural changes are often unknown a priori. In a conventional crystallography or SAXS experiment, only part of the experimental space of the sample may be investigated due to constraints of a very practical nature. Not only are many samples too sparsely available to allow a thorough parameter space investigation, but the amount of beam time that can be obtained at synchrotron facilities is also limited due to its high cost (and high demand). Until a few years ago, it was common practice for both X-ray crystallography and SAXS experiments that a multitude of samples needed to be prepared manually or with the help of a pipetting robot prior to the experimental beam time and then mounted manually during the experiment. As a result, there was a significant down-time between the individual measurements and only a fraction of the parameter space of a sample could realistically be investigated during the allocated beamline time due to time-consuming and cumbersome manual sampling. While this sample loading problem, to a large extent, has been solved with advanced liquid sample handling robots at most modern synchrotron facilities, 47,48 the existing methods still rely on pre-mixed samples. It is therefore still highly relevant to evaluate how microfluidics can help investigate a large parameter space more effectively to identify conditions for, e.g., crystallization or protein unfolding.

a. Applications in crystallography

Since crystallization conditions are not known a priori, it is often necessary to screen samples against a wide range of precipitants in order to identify suitable crystallization conditions. Table 1 summarizes advances in crystallization using microfluidic devices featuring in situ X-ray data collection. Microbatch, vapour diffusion and free interface diffusion (FID)/counter-diffusion traditional crystallization methods have been adapted to microfluidics. In the microbatch method, the protein and precipitant are mixed together in a small volume, while in vapour diffusion and FID/counter-diffusion, the small volume containing the protein is allowed to equilibrate with a larger, concentrated precipitant reservoir, or a concentration gradient causes both protein and precipitant to gradually diffuse under the influence of a concentration gradient. In all these cases, as nuclei form and crystals start to grow, the concentration of the protein gradually decreased, preventing further nuclei from forming. Microfluidic devices allow precise control over diffusion and mixing conditions, bringing a clear advantage to the table for the in situ study of single crystals by X-ray crystallography. Miniaturized platforms can offer integrated fluid handling properties to rapidly generate complex mixtures with minimal sample consumption. Several reviews report recent advances in miniaturization for crystallography. 49-52 Although miniaturized platforms have been used extensively in the past decade to screen crystallization conditions and/or produce crystals under reproducible conditions, examples where data are acquired in situ are more scarce. In conventional approaches, crystals need to be manually harvested, cryocooled and mounted on a goniometer for X-ray studies. Here, we focus on examples where X-ray data are acquired in situ at synchrotron sources. This approach eliminates crystal handling, minimizing damage during harvesting and mounting of the crystals. In combination with in situ X-ray data acquisition, microbatch methods have been miniaturized by either using pneumatic valves (discussed in more detail below) to mix precipitants and proteins or inside microdroplets where the concentration of protein solution and precipitant can be varied by adjusting their flow rate ratios in order to create an array of droplets containing each a different crystallization trial. Vapor diffusion has successfully been implemented with in situ X-ray data collection in microdroplets by allowing diffusion of water between adjacent droplets.⁵³ FID methods, which are normally difficult to implement and rarely performed, 49 have also been successfully implemented in conjunction with in situ X-ray determination (for several references, see Table 1), where a precise control over diffusion times is achievable simply by varying microchannel dimensions.

PDMS is ubiquitous in the field of microfluidics, and it is therefore without surprise that many of the devices used in crystallography applications rely on this material even though its properties are far from ideal for this type of applications. Dhouib *et al.* reported that crystallization chips made from

PDMS were too flexible for handling, insufficiently watertight to prevent dehydration during crystallization, and not transparent enough to X-rays.⁵⁴ They obtained better performance using thin sheets of cyclic olefin copolymer (COC) and poly(methylmethacrylate) (PMMA) for chip material. However, other groups have used this water permeability of PDMS to their advantage by using it to change the solute concentration of fluids stored in a microfluidic network to map phase diagrams.^{29,55} Guha et al. reported that crystallization trials could easily be performed for a week and sometimes even two weeks despite loss of water by adsorption into the thin layer of PDMS present in their device (Fig. 2).15 Zheng et al., 53 on their part, opted for PDMS/glass capillary hybrid microfluidic devices to eliminate evaporation of solutions during crystallization trials. They found that in contrast to the case in which droplets were incubated in PDMS channels, droplets and crystals incubated in sealed glass capillaries were stable even in the absence of humidity control and did not show signs of evaporation over six months.⁵³

In crystallography, crystals which are not cryocooled are also highly susceptible to radiation damage. Maeki *et al.* worked on the development of an on-chip contactless cryoprotection procedure to eliminate potential damage to samples. Another clever approach to avoid radiation damage upon X-ray exposure, while also avoiding tedious on-chip cryocooling, has been used by the group of Kenis *et al.* 15,38,57-60 Serial crystallography and other similar methods in which small data wedges from a large number of crystals can be collected at room temperature and later merged to form a complete data set are also used to avoid radiation damage. This method is easily implemented in microfluidic devices since a large number of crystals can be created easily and reproducibly.

Some very complex microfluidic devices have been developed to screen a multitude of crystallization conditions with minimal sample consumption and maximum throughput. The group of Quake developed valved microfluidic systems ⁶¹⁻⁶³ for parallel control of large fluidic arrays, providing a platform for rapid screening of protein crystallization conditions. In an early iteration, a chip featuring 480 active valves could perform 144 parallel reactions with only 10 nL of protein samples. ⁶¹ However, the device is complex and still requires manual handling as crystals had to be extracted from the device for X-ray analysis. Later versions of the device ^{28,64} allowed cutting out small sections of the PDMS membranes containing the protein crystals for X-ray analysis.

Water/oil two-phase flows can be used advantageously in microfluidic devices to form a stream of immiscible aqueous plugs or droplets in a hydrophobic oil carrier or simply to prevent migration of reactants between samples. For example, the addition of an oil phase can be used to form arrays of chemically independent droplets for long term storage of crystals. The group of Fraden developed a two-phase flow chip, 55,66 which allowed precise control over the nucleation and crystal growth process. The system was subsequently

 Table 1
 Mapping of large parameter space: applications in crystallography with in situ X-ray data collection^a

Chip features	Chip material/fabrication	Window material and thickness	Sample volume/consumption	Crystallization method	Temperature	Beamline, source	Ref.
Droplet-based; evaporation is eliminated and diffusion of water between droplets is controlled to screen crystallization conditions	Composite PDMS/glass capillary microfluidic device	20 μm thick X-ray glass capillary	nL-µL droplets	Microbatch and vapour-diffusion method	RT	Beamlines 14-BM-C and 14-ID-B, APS	Zheng <i>et al.</i> (2004) ⁵³
PDMS plug generator	PDMS chip (rapid prototyping) with a thin glass capillary and a PTFE (Teflon) capillary	Glass or PTFE (Teflon)	The thin glass capillaries are filled with approximately 100 (replicates or unique) 20 nl microbatch trials	Microbatch	277 K	Beamline GM/CA-CAT, APS	Yadav <i>et al.</i> $(2005)^{67}$
Valved microfluidic system; the device has channel lengths ranging from 300 to 2400 µm	PDMS	PDMS membrane	10 nL reactors	FID	Cryocooled at 100 K	Beamline 12.3.1, APS	Hansen <i>et al.</i> $(2006)^{28}$
Simple crystallization/mixing channel	PDMS/replica casting, PMMA/laser ablation and COC/hot embossing	250 µm for rigid polymers, 1 mm for PDMS	150 nL of biomolecule solution	Counter-diffusion	RT	Beamline FIP-BM30A, ESRF	Sauter, Dhouib, and Lorber $(2007)^{72}$ and Dhouib et al. $(2009)^{54}$
Microfluidic formulator device with valves	PDMS	PDMS membrane	High-resolution structure: >1 mg of protein; solubility screening and phase diagram measurements: ~200 µg of protein; crystal screening and optimization: ~250 µg; crystal scale-up: ~450 µg	FID	Cryocooled	Beamline 11-3, SSRL	Anderson <i>et al.</i> (2007) ⁶⁴
Centrifugal microfluidic disc enabling up to 100 different crystallization experiments in parallel	COC/hot embossing	coc	600 nL of total protein solution for 100 experiments using 100 arbitrary precipitants	FID	RT	High throughput crystallization facility, EMBL Hamburg	Steinert <i>et al.</i> $(2007)^{73}$
Each prototype plate contains nine microchannels for crystallization by diffusion (0.10 to 0.3 mm wide, 20-60 mm long and 0.1 mm high).	COC/micro-injection molding	coc	200 nl to 1.96 µl protein solution for each crystallization experiment	Counter-diffusion equilibration	RT (283 K)	Beamline 1-5, SSRL	Ng et al. (2008) ⁷⁴
Liquid handling in this system COP/laser cut is performed in 2 mm thin transparent cards and actuated via centrifugal microfluidics	COP/laser cut	COP	500–320 nL chambers per card	Microbatch, vapour-diffusion and FID protocols	RT	Beamline FIP-BM30A, ESRF	Emamzadah et al. $(2009)^{39}$

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Chip features	Chip material/fabrication	Window material and thickness	Sample volume/consumption	Crystallization method	Temperature	Beamline, source	Ref.
Nanodroplet-based crystallization method	PDMS droplet generator connected to a PTFE (Teflon) or a glass capillary	80 µm-thick PTFE (Teflon) capillary and 10 µm-thick glass capillary	200 µm-diameter (2 nL) spherical microdroplets	Mixing with precipitant solution in droplets	RT	Beamline BL 07, SAGA-LS	Maeki <i>et al.</i> (2012) ⁴⁰
Array chips consisting of a series of separate half-wells for protein and precipitant solutions arranged in columns; each of these individual wells is a separate crystallization trial and is isolated from the rest of the wells using a series of normally closed valves	Thin hybrid microfluidic chip composed of layers of COC (control layer) and PDMS (fluidic layer)/photolithography, soft lithography and hot embossing	A typical device has an X-ray path length of 125 µm of COC and 20 µm of PDMS (50 µm COC substrate, 20 µm PDMS membrane, 75 µm COC control layer)	Each half-well contains 50 nL of solution and the entire chip uses just 1.4 µL of protein solution for a 24-well design; the platform allows screening of up to 100 crystallization conditions	FID	Room T (add small data wedges) & cryogenic conditions	Beamline 21-ID, APS	Guha <i>et al.</i> (2012) ¹⁵
Integrated, two-layer microfluidic chip allowing metering of protein and reagents, mixing, and incubation of crystallization trials	Thin hybrid microfluidic chip composed of layers of COC, PDMS and Dura-lar®/photolithography, soft lithography and hot embossing (fabrication based on Guha et al., 2012 (ref. 15))	50 µm COC or 12 µm Dura-lar® substrate, thin PDMS membrane, 100 µm COC control layer	6 µL of protein per 96-well microfluidic chip (96 wells that are each less than 20 nL in volume)	FID	Room T (add small data wedges)	Beamline 21-ID, APS	Perry <i>et al.</i> (2013) ⁵⁷
12-well chip; each well relies on diffusion for mixing	Fabrication based on Guha et al., 2012 (ref. 15)	COC and thin PDMS membrane	60 nL of the protein solution per crystallization trial	FID	RT (adds wedges)	Beamline 21-ID-F, APS	Khvostichenko et al. (2014) ³⁸
The microfluidic chips consist of separate half-wells for protein and precipitant solutions; dedicated valve lines for each set of half-wells enable independent filling of protein and precipitate	Fabrication based on Guha et al., 2012 (ref. 15) and Perry et al. $(2013)^{57}$	COC (50 µm), PDMS (45 µm) and Dura-Lar® (13 µm)	Crystallization is performed in both 24- and 96-well microfluidic chips	FID	RT; merge small data slices (<i>in situ</i> serial Laue diffraction)	Beamline 14-ID-B, APS	Perry <i>et al.</i> $(2014)^{59}$
Single crystals formed in droplets	Fabrication based on Guha, 2012	COC (75 μm) or COC and Kapton® foil (8 μm) and a thin PDMS membrane	pL to nL droplets	Mixing in droplets	Serial crystallography with non-cryocooled	Beamline F1, CHESS	Heymann <i>et al.</i> (2014) ⁵⁸

Window material and Sample Crystallization Beamline, thickness volume/consumption method Temperature source Ref.	One complete chip required FID RT; serial Beamline Pawate et al. 6 µl of protein/precipitant crystallography 14-ID-B, APS (2015) ⁶⁰ solution and 6 µl of crime-resolved serial Laue microseed solution diffraction)	The size of the Counter-diffusion 100 and 277 K Beamline BL Maeki <i>et al.</i> crystallization chamber is mixing <i>via</i> mixing 0.67 mm (width) \times 0.75 mm valve (height) \times 50 μ m (depth)
Window n Chip material/fabrication thickness	Fabrication based on Guha COC and thin PDMS et al., 2012 (ref. 15) membrane	COC-PDMS microfluidic chip 100 µm COC + thin (240 µm thick)/photolithography/soft lithography (fabrication based on d barn et al., 2012 (ref. 15) and barn et al., 2012 (ref. 15)
Chip features Ch	96-well chip for mixing Fal	Microfluidic chip featuring CC 6–24 crystallization chambers (24 allowing mixing via normally thi closed valves on on

Abbreviations: RT, room temperature; COC, cyclic olefin copolymer; COP, cyclic olefin homopolymer; PDMS, polydimethylsiloxane; PMMA, polymethylmethacrylate; PTFE, polytetrafluoroethylene; FID, free interface diffusion; APS, Advanced Photon Source; ESRF, European Synchrotron Radiation Facility; EMBL, European Molecular Biology Laboratory; SSRL, Stanford Synchrotron Radiation Lightsource; SAGA-LS, SAGA Light Source; CHESS, Cornell High Energy Synchrotron Source.

refined to allow in situ X-ray analysis of single crystals generated inside the droplets.⁵⁸ Fig. 4 shows the formation of single crystals in emulsion droplets. The group of Ismagilov also took advantage of two-phase flows in microfluidics to generate nanoliter-scale water-in-oil droplets containing mixtures of protein and crystallization solutions, adjusting the mixing ratios by changing the corresponding flow rates. The device allowed screening hundreds of protein crystallization conditions using less than 4 nL of protein solution for each crystallization trial.41 The device was made compatible with in situ X-ray measurement by the addition of an X-ray glass^{53,67} or polytetrafluoroethylene (PTFE, commercially known as Teflon) capillary.⁶⁷ The same group made further efforts in improving and controlling the stages of nucleation and growth in protein crystallization using a microfluidic device^{68,69} and in simplifying chip operation with the SlipChip^{70,71} but without using these devices for in situ X-ray analysis. The group of Kenis developed an array chip consisting of a series of separate wells for protein and precipitant solutions arranged in columns (Fig. 3). Each of these individual wells is a separate crystallization trial and is isolated from the rest of the wells using a series of normally closed valves. The device is

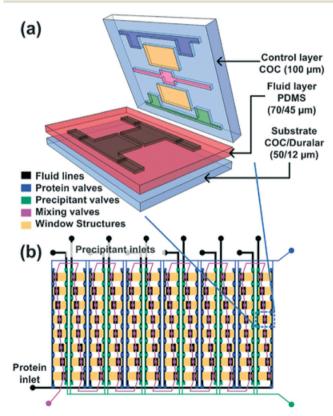


Fig. 3 (a) 3D exploded view showing the different materials used for various layers of the hybrid device. (b) Schematic design of a 96-well array chip showing the various valve lines for filling in different components as well as the protein and precipitant chambers. The ratio of the protein to precipitant chambers varies from 4:1 to 1:4 to allow for screening of a larger number of conditions. Reproduced from Perry et al., 2013 (ref. 57) with permission from the Centre National de la Recherche Scientifique (CNRS) and The Royal Society of Chemistry.

Table 1 (continued)

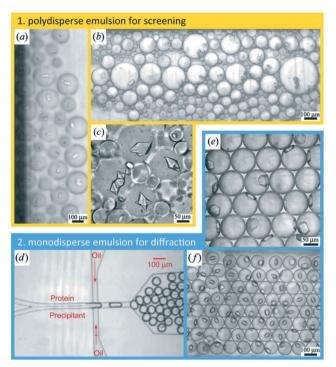


Fig. 4 Protein crystallization in emulsion droplets stabilized by a surfactant. (a–c) Polydisperse emulsions. (d) Protein and precipitant solutions were introduced in a co-flow geometry under laminar flow conditions that prevents mixing upstream of the nozzle where both solutions became encapsulated into emulsion droplets. (e and f) Monodisperse emulsions (reproduced with permission from the International Union of Crystallography; Heymann et al., 2014 (ref. 58)).

designed to have minimal X-ray cross section and was used for *in situ* X-ray data acquisition at both room temperature and under cryogenic conditions.^{15,57} In order to reduce the diffusional path length, Khvostichenko *et al.* layered the protein solution on top of the lipid, significantly reducing the diffusional path and, consequently, the mixing time compared to the traditional side-by-side placement of microfluidic compartments.³⁸ The same group also demonstrated the use of a microfluidic crystallization platform for the serial time-resolved Laue diffraction analysis of macroscopic crystals.⁶⁰ Table 1 summarizes advances in crystallization using microfluidic devices featuring *in situ* X-ray data collection.

b. Applications using SAXS

Small-angle scattering measures the structure of samples at length-scales from 1 nm to 100–500 nm.⁷⁵ The technique is often used to investigate problems in structural biology, where it has a large advantage that it is compatible with investigating samples under native-like solution conditions.⁷⁶ For synchrotron SAXS experiments, where typical measurement times are on the order of seconds, efficient sample changing is absolutely essential in order to maximize sample throughput. As mentioned above, SAXS can provide low-resolution structural information on proteins directly in solution, and it is therefore a pre-

ferred tool for analyzing structural changes of proteins and complex systems in response to variations in their chemical environment. However, in a traditional SAXS experiment, only a limited part of the experimental space of a sample can be investigated as samples have to be prepared prior to the experimental campaign and structural information becomes apparent only upon measurement at the synchrotron beamline.

During the past decade, there have been significant efforts in implementing sample changing robots on SAXS beamlines in order to increase throughput and minimize sample consumption. However, this approach does not have the significant advantages offered by microfluidic devices, where sample conditions can easily be changed in the course of an experiment in response to changes in the observed SAXS signal. As summarized in Table 2, several groups have taken advantage of microfluidic devices to map large parameter spaces in SAXS experiments, mostly for protein structure determination.

Toft et al. were among the pioneers in the field and reported a high-throughput device for protein structural analysis on a relatively simple microfluidic device named the bioXTAS chip,11 which enabled automated mixing of samples by diffusion in a long meandering channel with fluid flow actuated using syringe pumps. Fluidic control was coupled with control of the beamline shutter system, such that X-ray exposure and data collection happened in sequence with sample preparations. Lafleur et al. further improved the bioXTAS platform by the addition of an onchip sample reservoir to minimize protein consumption, motor-controlled rotary valves to reduce the impact of fluidic capacitances and allow accurate on-chip sample preparation, as well as integrated optical fibers to allow simultaneous sample monitoring via UV-vis spectrophotometry (Fig. 5).33 An open-source software program developed inhouse, ECON, allowed synchronized control of the microfluidic device and the X-ray beamline shutter systems, while the open-source software bioXTAS RAW77 took care of in situ processing and first analysis of the isotropic SAXS data in terms of background subtraction, plotting and indirect Fourier transform, providing users with invaluable real time feedback. BioXTAS RAW has afterwards gained broader applicability in more general synchrotron SAXS. Very recently, Schwemmer et al. introduced a centrifugal microfluidic (LabDisk) device.⁷⁸ The platform (illustrated in Fig. 6) can be used to provide SAXS data for basic analysis, such as measurement of the radius of gyration, and for more advanced methods, such as the ab initio calculation of 3D structures. The absence of external actuation mechanisms, such as syringe pumps and tubing, eliminates dead volumes and allows for a reduction in sample consumption. The platform requires only 2.5 µL of protein stock solution to prepare 120 different dilution/screening conditions. With this type of centrifugal platform, however, the composition of the dilutions have to be pre-decided as the channels and reservoirs need to be engraved in the discs in a specific

way to provide a certain dilution ratio. This system therefore does not allow for on-the-fly adjustments during the

course of an experiment as would be possible with computer controlled syringe pumps. After sample preparation,

 Table 2
 Mapping of large parameter space: applications with in situ SAXS data collection^a

Chip features	Chip material/fabrication	Window material and thickness	Sample volume/consumption	Sample investigated	Beamline, source, beam characteristics	Ref.
Microfluidic chip featuring an integrated X-ray trans- parent 200 nL sample chamber and diffusion-based mixing of protein and buffer solutions; fully auto- mated fluidic control, data acquisition, and data analysis	Polystyrene (PS)/micromilling	Two 175 µm thick PS films	200–500 nL sample chamber; 170 μL sample consumption to fill tubing and equilibrate pressure + 36 μL per sample measurement (for 5 minute exposure time)	Protein dilution series	Beamline I711, MAXlab, wavelength 1.05 Å; beam size $0.4 \times 0.10~\mu\text{m}^2$ or $0.5 \times 0.15~\mu\text{m}^2$; path length 1 mm;	Toft <i>et al.</i> (2008) ¹¹
Microfluidic platform including hardware and software for fluidic control, sample mixing by diffusion, automated X-ray exposure control, UV absorbance measurements and automated data analysis	Polystyrene (PS)/micromilling	Two 125 µm thick PS films	As little as 15 µl of sample is required to perform a complete analysis cycle, including sample mixing, SAXS measurement, continuous UV absorbance measurements, and cleaning of the channels and X-ray cell with buffer	Protein dilution series	Beamline cSAXS, SLS, beam size: 200 × 400 mm (vertical × horizontal); path length 1.7 mm	Lafleur <i>et al.</i> (2011) ³³
Microfluidic device, which combines metering and active mixing using pneumatic valves	Fabrication based on Guha <i>et al.</i> , 2012 (ref. 15)	150 μm COC + 30 μm thin PDMS membrane	~80 nL per sample/the chip required a total volume of 200 nL of each material (lipid, detergent solution, diluent) for filling	Phase behaviour of lipidic mesophases	Beamline 21-ID-D, APS	Khvostichenko et al. (2013) ⁷⁹
Microfluidic device based on the pervaporation of water through a PDMS membrane allowing formulation of continuous and steady concentration gradients on the nanolitre scale	PDMS/photolithography, soft lithography	Two 50 µm PDMS membranes	The volume of the microfluidic evaporator lies in the 1 nL–1 μL range	Phase behavior of a binary aqueous molecular mixture and of a model complex fluid (triblock copolymer solution)	Beamline SWING, SOLEIL (French national synchrotron), energy 12 keV; beam size 200 \times 50 μ m ² ; path length: 60 μ m	Daubersies <i>et al.</i> (2013) ²⁹
Remote-controlled microfluidic device allowing simultaneous SAXS and ultraviolet absorption measurements during protein dialysis; the dialysis and detection are performed on two separate chip modules	PDMS/micromilling and replica moulding	Two 25 µm thick PS films	~67 µL needed to perform a concentration series	Protein concentration series	Beamlines F2 and G1, CHESS, energy 10 keV; beam size: $250 \times 250 \ \mu m^2$; path length: 1.0 mm	

Table 2 (continued)

Chip features	Chip material/fabrication	Window material and thickness	Sample volume/consumption	Sample investigated	Beamline, source, beam characteristics	Ref.
Centrifugal microfluidic disk	COC/three-layer thermoforming process	70 μm + 115 μm COC	2.5 µL of protein solution to generate 120 different measurement conditions	Protein structure analysis under varying protein and salt concentrations	Beamline P12, PETRA III, energy 10 keV; beam size 50 × 50 µm²; path length 0.86 mm	Schwemmer <i>et al.</i> (2016) ⁷⁸

^a Abbreviations: SLS, Swiss Light Source; APS, Advanced Photon Source; CHESS, Cornell High Energy Synchrotron Source.

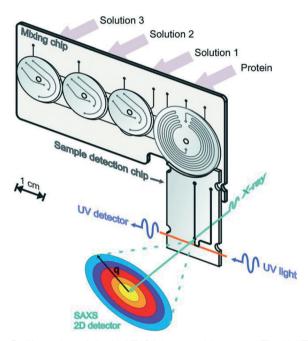
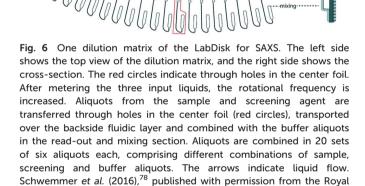


Fig. 5 Illustration of the bioXTAS lab-on-a-chip system. The bioXTAS platform allows the continuous variation and monitoring (UV and SAXS) of experimental solution conditions to promote and identify different structural states in proteins in a high-throughput fashion. Reproduced with permission from the International Union of Crystallography; Lafleur *et al.* (2011).³³



the disc containing the samples is transferred to a SAXS positioner platform for *in situ* detection.

There are several more subtle ways to create different experimental conditions and concentration gradients in microfluidic devices. As an example, the water permeability of PDMS can be used advantageously in microfluidics to create concentration gradients and map phase diagrams (as already mentioned previously). Selimović *et al.* described a PDMS device in which the solute concentration within nanolitre sized aqueous droplets could be altered by migration of water through a PDMS membrane to map phase diagrams of aqueous samples. Daubersies *et al.* took advantage of the same characteristic water permeability of PDMS for the *in situ* formulation of viscous fluids by controlled solvent evaporation. ²⁹

4 Combining microfluidics-based fast mixing and X-ray scattering for time resolved structural studies

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The study of structural kinetics of proteins and soft matter is an interesting combined application of microfluidics and X-ray scattering techniques. S1,82 A structural response is initiated by fast mixing on the chip of two solutes under continuous flow. The structures at times Δt after mixing can then be probed at different distances from the mixing point Δx , where the time is given via the flow velocity v as $\Delta t = \Delta x/v$. The time resolution that can be obtained depends on the mixing time but also on the flow rate and the X-ray beam size.

As mentioned before, small-angle X-ray scattering (SAXS) probes the nanometre structure of particles in solution, *e.g.*, proteins, polymers, and micelles. In combination with microfluidic mixing devices, SAXS has mainly been used to study folding of proteins^{9,83–91} and RNA^{24,92–95} but also compaction^{36,96} and complex formation⁹⁷ of DNA, as well as self-assembly of filaments,³¹ fibrils,⁹⁸ and lyotropic liquid crystals.³⁷

Compared to the microfluidic chips used for spectroscopic techniques, longer path lengths are typically necessary in order to maximize the X-ray scattering intensity. For most of the reported microfluidic platforms, path lengths on the order of 0.2-0.4 mm have been chosen (see Table 3). As described in section 2 on general considerations when combining microfluidics with X-rays, the path length giving the optimal signal would be 1-2 mm (depending on X-ray wavelength), however, at the cost of increased sample consumption. The channels are kept narrow, ranging from 0.05 to 0.4 mm, to minimize sample consumption, which is particularly relevant for protein samples that are often only sparsely available. This is especially important considering that protein concentrations on the order of one to several milligrams per millilitre are typically required to obtain a sufficiently good scattering signal. For diffusional mixing (as described below), narrow channels are also crucial to obtain laminar flow as well as short diffusion distances, leading to the fastest possible mixing.⁹⁹ Generally, the channel widths are limited on the low side by the size of the X-ray beam: if the beam is larger than the exposure channel, it will hit the channel edges, leading to unwanted scattering 'streaks'.

The investigation of structural kinetics using microfluidic chips under continuous flow should be discussed in relation to the classical stopped-flow technique, where two solutions are pumped into a turbulent mixer and then further into an observation capillary, where the flow is stopped, and the structural evolution over time is probed. The method of observation is often spectroscopic, but the setup is also routinely applied at SAXS beamlines. 91,100-102 The time of mixing is a couple of milliseconds, which is rather long compared to many kinetic processes of both proteins and soft matter. In addition, the required sample volume is relatively high, at typically 100 μL per mixing event, often leading to a total sample consumption of several millilitres. The time resolution is limited by the detector readout time between consecutive measurements or, alternatively, by beam damage of the sample, which might require further waiting time between consecutive measurements. The resulting time gaps can be covered by performing a set of measurements with a different delay time between mixing and the collection of the first frame, which, however, requires consumption of more sample. For slower kinetic processes, taking place on the order of seconds to minutes, these issues are less of a problem.

It should be mentioned that X-ray techniques for studying much faster kinetics, down to the nanosecond time scale, also exist, following a photoinitiated structural transition of proteins in solution. ^{103–112} The high time resolution of this

so-called pump-probe technique is obtained by precise control of the time from the photoactivation by a laser flash (the pump) to the arrival of the X-ray pulse at the sample (the probe). The fast structural rearrangements of the protein sub-domains are probed in the wide-angle X-ray scattering (WAXS) domain. Measurements are repeated at up to several Hz and up to hundreds of times for each delay time 104,110 to obtain a sufficient scattering signal. Therefore, this approach is limited to proteins with a photo-activated and reversible structural transition. Ligand-induced transitions might also be addressed by mixing the protein with caged ligands, which are then photo-released. Compared to the microfluidic-based studies reviewed here, the time resolution is much higher; however, highly concentrated protein samples are required, which are relatively robust towards hours of exposure to room temperature while being exposed to laser- and X-ray flashes.

Depending on the sample of interest, microfluidic mixing under continuous flow may be more suitable than the stopped-flow technique for probing kinetics on the millisecond time scale.12 The two main categories of microfluidic mixers operate under laminar and turbulent flows, respectively, as given by the Reynolds number Re = $\rho v l / \eta$, where ρ is the liquid density, ν is the liquid flow velocity, l is the channel width, and η is the liquid viscosity. 99,113 The transition between laminar and turbulent flows takes place in the range of Re from 10^2 to $10^4.11^4$ The two scenarios are illustrated in Fig. 7. Turbulent mixing is relatively fast, on the order of microseconds, but requires a high Reynolds number, and therefore a high flow velocity or wide(r) channels, leading to consumption of potentially very large sample volumes (tens of millilitres per minute).81 A laminar flow requires a low Reynolds number and hence a low flow velocity or narrow channels. This results in a low sample consumption, 82 typically at a few microliters per minute. However, the mixing occurs by passive diffusion, which is relatively slow, on the order of milliseconds for typical ligands diffusing over micrometer distances. A third approach is mixing in droplets formed on the microfluidic chip and suspended in an oil phase. 115,116 This setup can be optimized to give slightly faster mixing than laminar mixers, while the confinement in droplets means that the problem of sample dispersion, which is an issue for laminar mixing as described in section a below, is avoided. However, only a few examples of a combination with X-ray scattering are published to date. We speculate that this could be due to issues with parasitic scattering from the droplet surfaces.

The applications of the different mixer types are reviewed in the following sections. Examples and perspectives are also given for an approach where the mixing is performed on the chip, while the mixed sample jet is outside the chip, and the scattering data are collected on this uncovered, 'free' jet.

a. Laminar mixers

Laminar mixers are based on hydrodynamic focusing. Many advanced chip designs have been suggested for optimal

Table 3 Experimental parameters for literature studies probing kinetics of mixing-induced structural transitions (mainly of proteins) on a microfluidic chip with X-ray scattering

Microfluidic chip	lic chip					Sample		X-ray beamline				
				Channel	Accessible kinetic times, time		Flow rate $(mm s^{-1}),$					
Mixer		Materials and	Window	dimensions (width × path	resolution,		typical sample	Beamline,	Beam dimensions	q range investigated	Exposure	
type	Chip features	fabrication	material	length) (mm)	mixing (ms)	System	consumption	X-ray energy		(\mathring{A}^{-1})		Ref.
Laminar	Simple cross mixer	Etched silicon	Silicon			Folding of cyt-C (pH jump)	300 mm s^{-1} $17.5 \mu \text{L min}^{-1}$ protein solution ^a	Beamline D, CHESS	0.04×0.12			Pollack et al. $(1999)^9$
Laminar	Simple cross mixer	Etched silicon	Silicon	0.05×0.39	1-8, 0.24, 2	Folding of beta lactoglobulin (diluting the solution with urea)	166 mm s ⁻¹ 19.4 μL min ⁻¹ protein solution ^α	Beamline IMM-CAT, APS, 7.65 keV, pink beam	0.01×0.04	0.04-0.5	40 × 2 minimum	Pollack et al. $(2001)^{83}$
Laminar	3D hydrodynamic focusing	Etched silicon Contact lithography and deep reactive ion etching	PDMS		5-45, 0.4, 0.4	Folding of RNA (mixing with Mg ²⁺)	86 mm s ⁻¹	Beamline 8-ID, APS, pink beam	0.01×0.04		09	Russell <i>et al.</i> (2002) ²⁴
Laminar	3D hydrodynamic focusing	Etched	PDMS		2–150, 0.46, N/A	Folding of RNA $(\text{mixing with} \ \text{Mg}^{2+})$		Beamline 8-ID, APS, pink beam	0.01×0.04		09	Das <i>et al.</i> $(2003)^{92}$
Laminar	3D hydrodynamic focusing	Etched silicon	PDMS			Folding of RNA $(\text{mixing with} \ \text{Mg}^{2+})$		Beamline 8-ID, APS, pink beam	0.01×0.04			Kwok <i>et al.</i> $(2006)^{93}$
Laminar	3D hydrodynamic focusing	Etched	PDMS		1.3–168, N/A, N/A		500	8-ID oink	0.04	0.025-0.25	25×30	Lamb <i>et al.</i> $(2008)^{94}$
Laminar	3D hydrodynamic focusing	Etched silicon	PDMS		1.3–160, N/A, N/A	Folding of RNA (mixing with Mg^{2+})	$15-200 \text{ mm}$ s^{-1}		0.05 × 0.013			Schlatterer $et al.$ (2008) ⁹⁵
Laminar	Simple cross mixer	Spark eroded Kapton, 20 stainless µm steel	Kapton, 20 μm	0.1–0.15 × 0.2–0.3, 3 mm long	40-6000, 40, N/A	DNA compaction by mixing with dendrimers	$0.5~\mathrm{mm~s}^{-1}$	Beamline ID10B, ESRF, 8 keV	0.02×0.02		30	Dootz <i>et al.</i> (2006) ³⁶
Laminar	Simple cross mixer	Spark eroded stainless steel	Adhesive Kapton	$0.1-0.15 \times 0.2-0.3, 3 \text{ mm}$ long	$200-3 \times 10^4$, 200 , N/A	Formation of lipoplexes after mixing of DNA with lipids	0.01-0.1 mm S ⁻¹	Beamline ID10B, ESRF, 8 keV	0.02×0.02		30	Evans <i>et al.</i> $(2007)^{97}$
Laminar	Simple cross mixer	Spark eroded Kapton stainless steel	Kapton	$0.05-0.15 \times 0.3$, 3 mm long	40-6000, 40, N/A	DNA compaction by mixing with dendrimers	$0.5~\mathrm{mm~s^{-1}}$	Beamline ID10B, ESRF, 8 keV	0.02×0.02		30	Pfohl <i>et al.</i> $(2007)^{96}$
Laminar	Simple cross mixer	Spark eroded Adhesive stainless Kapton steel	Adhesive Kapton	0.15×0.3	N/A, 2.85-0.123, N/A	Self-assembly of collagen fibrils (pH jump)	2.1–48.6 mm s ⁻¹	Beamline ID10B with compound refractive	0.02×0.02	0.02-0.25	30	Köster et al. $(2008)^{98}$

lable 3 (contained,	on an aca)											
Microfluidic chip	lic chip					Sample		X-ray beamline				
Mixer type	Chip features	Materials and fabrication	Window material	Channel dimensions (width × path length) (mm)	Accessible kinetic times, time resolution, time of mixing (ms)	System	Flow rate (mm s ⁻¹), typical sample consumption	Beamline, source, X-ray energy	Beam dimensions (mm)	q range investigated $(\mathring{\mathbb{A}}^{-1})$	Exposure time (s)	Ref.
Laminar	3D hydrodynamic focusing	UV-cured polymeric adhesive	UV-cured adhesive (integrated)	0.3 × 0.24	N/A, 26, N/A	Vimentin filament assembly	0.77 mm s ⁻¹ , 0.67 µL min ⁻¹ protein	lenses, ESRF, 8 keV Beamline cSAXS, SLS	0.005 × 0.02		5 × 1	Brennich et al. (2011) ³¹
Laminar	Simple cross mixer	Kapton, 125 μm, laser cut, laminated	Kapton, 25 μm	0.11×0.115	25 (1.6 is the limit)–1150, 1.6, 380	Lyotropic phase transitions in block copolymer micelle liquid	Solution 19.8 mm s ⁻¹ , 1.67 µL min ⁻¹ protein solution	Beamline MiNaXs P03, Petra III, wavelength 1.088 Å	0.031 × 0.022		1	With et al. (2014) ³⁷
Laminar	hydrodynamic focusing, two sets of inlet	UV-cured polymeric adhesive	UV-cured adhesive (integrate) (130 µm)	0.3×0.24		Crystas Vimentin filament assembly	$17-55 \text{ mm}$ s ⁻¹ , 20–80 μ L min ⁻¹ protein solution	Beamline ID13, ESRF, 12.4 keV	0.005 × 0.005	0.024-0.921	rs.	Saldanha et al. $(2016)^{30}$
Laminar	side channels Simple cross mixer	Thiol-ene moulding using PMMA and PDMS masters	Polystyrene	0.32×0.22		Structure of lipidic cubosomes upon exposure to Ca ²⁺	3.7 mm s ⁻¹ , 16 µL min ⁻¹	Beamline 1911-SAXS, MAX-lab, 1.5 GeV	0.25×200		09	Ghazal et al. $(2016)^{32}$
Turbulent	300 µm nozzle with a capillary	Quartz capillary, 550 µm	Quartz capillary, 550 µm		14–100, N/A, 3 mm = 14 ms dead time	Folding of lysozyme after pH jump or adilution of sample with GdnHCl	5000–50 000 mm s ⁻¹ (according to Chan <i>et al.</i> , 1997 (ref. 124))	Beamline 4-2, SSRL, 8.98 keV			006-009	Segel et al. (1999) ⁸⁴
Turbulent	T mixer with a 33 μm nozzle	Stainless steel	Mylar polyester, 22 µm	0.2×0.4	0.16–6, 0.096, 0.07	Folding of cytochrome c after pH jump	4170 mm s ⁻¹ , 20 mL min ⁻¹ protein	Beamline 45XU, SPring-8, 8.3 keV	0.4×0.4		30×0.022	Akiyama et al. $(2002)^{85}$
Turbulent	Turbulent T mixer with a 33 μm nozzle	Stainless steel	Kapton 25 and 50 µm	1 (path length)	0.3–22, 0.08, 0.13	Folding of apomyoglobin	840–2600 mm s ⁻¹	Beamline 45XU, SPring-8, 8 3 LeV	0.4×0.4		8–12	Uzawa <i>et al.</i>
Turbulent	T mixer with a 33 µm nozzle	Stainless steel	Kapton		0.6-N/A, N/A, N/A	Folding of heme oxygenase after pH iump		SPring-8, beamline 45XU, 8.3 keV				(2004) Uzawa et al. (2006) ⁸⁷
Turbulent T mixer	T mixer	Stainless steel	Polyester		0.3–10, 0.3, N/A	Folding of dihydrofolate	10-20 mL $\min^{-1} \text{ total, } 1$	Beamline 18-ID			1	Arai et al. $(2007)^{88}$

Table 3 (continued)

a)

Microfluidic chip					Sample		X-ray beamline				
Mixer type Chip features	Materials and fabrication	Window material	Channel dimensions (width × path length) (mm)	Accessible kinetic times, time resolution, time of mixing (ms)	System	Flow rate (mm s ⁻¹), typical sample consumption	Beamline, source, X-ray energy	Beam q range dimensions investigated $(\hat{\mathbb{A}}^{-1})$	q range investigated $(\mathring{\mathbb{A}}^{-1})$	Exposure time (s)	Ref.
					reductase	mL min ⁻¹ protein solution minimum	Bio-CAT, APS, 3.5–13 keV				
Turbulent T mixer	Stainless steel	Polyester		0.15–5.0, 0.15, —	Folding of TIM barrel protein	$10-20 \mathrm{\ mL}$ min^{-1} total	Beamline 18-ID Bio-CAT, APS, 3.5-13 keV			1	Wu <i>et al.</i> (2008) ⁸⁹
Turbulent Arrow mixer	Stainless steel, 400 um	Kapton, 8 µm	0.1 × 0.4 0.03 in mixing region	0.1–2.4, 0.02 (0.0024 is the limit), 0.093	Folding of cyt-C by dilut- ing solution with GdnHCl	8333 mm s ⁻¹ , 20 mL min ⁻¹ , protein	Beamline 18-ID Bio-CAT with compound refractive lenses, APS, 3.5–13 keV	0.002 × 0.005	0.015-0.35 or 0.025-0.55	Continuous	Graceffa et al. $(2013)^{91}$
Droplet Inlets with aqueous solutions, leading to oil flow	PDMS mixer attached to a glass capillary	Glass capillary for X-ray exposure (10 µm walls)	0.1 in. PDMS chip, 0.3 in. capillary, 25 mm long	3200–5000 (no kinetics shown), 4.2 s dwell time	Formation of Au nanoparticles from solution	4.9 mm s ⁻¹ , 25 μL min ⁻¹ protein	Beamline 7 T-MPW-SAXS, BESSY II, 7.5 and 8.0 keV	0.3×0.05	0.01-0.25	006	Stehle <i>et al.</i> (2013) ¹¹⁶
Free jet	PMMA sandwich with a PEMA adhesive layer, deep X-ray	Impact modified PMMA, 500 µm	0.5 outlet, narrow to 0.008 at exit nozzle; 0.01×0.06 in chip, 0.025 diameter of jet	0.075-0.77 (5 is the maximum due to jet break-up), 0.075, <0.04	Performance test only	13 000 mm s ⁻¹ , 22.5 µL min ⁻¹ protein	Austrian SAXS 1×0.8 beamline, ELETTRA, 8 keV	1×0.8		08	Marmiroli et al. $(2009)^{128}$

^a Values derived from reported numbers. Abbreviations: CHESS, Cornell High Energy Synchrotron Source; APS, Advanced Photon Source; ESRF, European Syxnchrotron Radiation Facility; SLS, Swiss Light Source; SSRL, Stanford Synchrotron Radiation Laboratory; BESSY, Berliner Elektronenspeicherring-Gesellschaft für Synchrotronstrahlung.

layer, deep X-ray lithography

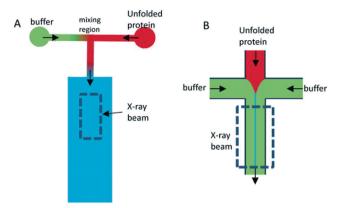


Fig. 7 Schematic showing the basic principles of continuous flow mixers, either mixing by turbulence (A) or diffusion in laminar flow (B). Reprinted (adapted or reprinted in part) with permission from Kathuria et al. ¹¹³ Copyright [2011/John Wiley and Sons] [Biopolymers/John Wiley and Sons].

mixing,¹³ but the simplest possible design, suggested by the Austin group^{114,117} and later also introduced at an X-ray beamline by the same group,⁹ has channels forming a cross, with three inlets and one outlet (Fig. 7B). Pollack continued this work,^{24,83,92-95} and a similar design formed the basis of the work by the Pfohl group.^{36,96-98,118} A solution of the target species (*e.g.* proteins) is pumped into the chip through the centre inlet, and a solution of the molecules that will initiate the structural transition is pumped into the two side channels. The two solutions meet at an intersection and flow side by side in the mixing channel towards the outlet. Relatively low flow rates are applied (see Table 3), from a few to a couple of hundreds of microliters per minute, resulting in low Reynolds numbers and a laminar flow with the solutions flowing in parallel sheets.

The protein solution is hydrodynamically focused to a thin sheet in the centre, and the mixing happens by passive diffusion of the initiating molecules into the centre sheet and depends on the protein having a much larger diffusion constant than the initiating molecule if dilution of the protein should be avoided. The speed of the mixing process is limited by the relatively slow process of diffusion (e.g. the diffusion constant of a calcium ion is 7.92×10^{-10} m² s⁻¹, leading to an average time of 15 ms for diffusing 5 μ m).¹¹⁹ Sub-millisecond mixing times have been achieved,^{24,98} but mixing times of several milliseconds are more common (see Table 3). While this greatly reduces the types of kinetics that can be probed, the advantage is that the low flow rates result in a correspondingly low sample consumption

As mentioned, the flow velocities, ν (see Table 3), give the translation factor between the distance from the mixing point, Δx , and the associated kinetic time Δt according to $\Delta t = \Delta x/\nu$. However, the flow velocity ν is not constant across the channel cross-section. For a circular cross-section, it will be parabolic, and similar profiles are found for rectangular channel cross-sections, with the maximum velocity at the channel center. The protein molecules will therefore travel

with different velocities in different streamlines and will also, depending on their diffusion constant, diffuse across the channel and visit other streamlines, leading to dispersion of the kinetic times. This phenomenon, known as Taylor dispersion, leads to smearing of the kinetic times. Pather than corresponding to one well-defined time, a position in the channel will represent an average time corresponding to the average velocity of the probed sample molecules. For sheet widths comparable to the channel width, the dispersion will be significant and thereby smearing of the time resolution across the channel. Prennich and Köster illustrated how the effect could be addressed by simulation techniques to determine the average kinetic time associated with each position in the chip. 122

Kinetics on time scales comparable to the mixing times will be convoluted with the mixing process, which must also be taken into account when relating each position in the microfluidic chip with kinetic time. 122 This issue was also addressed by Brennich and Köster 122 using detailed simulations of the flow in the chip channels. They showed how reduction of the total flow rate in the channel slowed down the mixing, and how this could be used to decouple the mixing kinetics from the reaction kinetics.

A more narrow sample sheet leads to faster mixing, reducing the issues of overlap between mixing and structural kinetics. However, the narrow sheet requires a comparatively narrow X-ray beam to probe mainly the sample sheet rather than the surrounding sheets, thereby avoiding relative weakening of the sample scattering signal. Therefore, microfocus X-ray setups such as compound refractive lenses are often used for these measurements. This is the case in studies by both the Pollack group^{24,83,92-95} and the Pfohl group.^{36,96-98,118}

The first reported microfluidic laminar mixers were designed by the Austin group and were characterized using fluorescence microscopy methods. 114,117 Pollack et al. continued their pioneering work within the field of microfluidic laminar mixers optimized for X-ray scattering investigations. This work is based on a chip made in etched silicon. The first reported results were obtained using a chip with 100 µm wide channels and an X-ray path length of 390 µm, concerning folding of equine cytochrome c after a jump in pH.9 It was followed through the evolution of the protein radius of gyration and through Kratky plots, showing the initial chain-like structure and the final more compact structure but also capturing one frame showing an intermediate state. A very narrow protein sheet was obtained, leading to a sub-millisecond pH transition, as confirmed by confocal microscopy measurements using a pH sensitive fluorescent dye.9 The time resolution was also sub-millisecond, owing to the relatively high flow rates. However, only two kinetic times were probed, one in the interval of 0.15-0.5 ms and one at 10 ms, corresponding to the final, folded state. The same chip design, but now with 50 µm wide channels, was used to investigate the folding of beta lactoglobulin.83 The protein solution contained urea in concentrations that ensured an unfolded protein, and the transition was initiated by diluting with buffer without

urea. The time of onset for the transition was defined as the time when the urea concentration had decreased below a target value of 3 M, giving a faster onset than if complete mixing had been required.

The fast (millisecond) compaction of RNA or RNA fragments during folding, induced by mixing with magnesium, was the subject of a series of studies by the Pollack group. 24,82,92-95 A modification of the chip was required to avoid beam damage: a laminating layer of buffer along the X-ray windows was created, as illustrated in Fig. 8 (reproduced from Russell et al.24). Using this way of avoiding direct contact between protein solution and X-ray window, deposition of radiation-damaged protein was minimized. The window material was also changed from being an integrated part of the silicon chip9 to a softer PDMS material, which has been shown to better prevent the adhesion of protein. 123 The RNA compaction was probed at kinetic times in the interval of 1-160 ms. The data could be interpreted using singular value decomposition,24 as a combination of the initial and the collapsed states. However, a combination with stopped-flow measurements, giving the kinetics on longer time scales, revealed an additional ki-

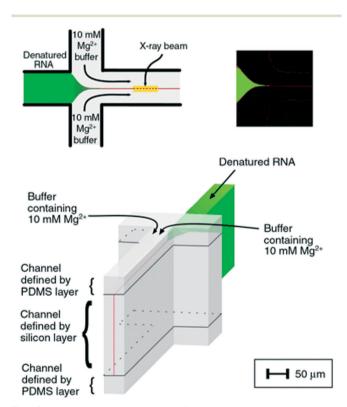


Fig. 8 Illustration of a laminar flow mixer used following the denaturing of RNA by Mg². Upper left: Schematic of the inlets and mixing channel, showing one possible position of the X-ray beam. Upper right: Multiphoton microscopy image showing the signal when magnesium from the side channels has mixed with a calcium sensitive dye in the centre channel. Bottom: 3D schematic of the channels, highlighting the 3D focusing, resulting in a buffer covering the protein sheets towards the X-ray windows (demarcation between the buffer and the sample indicated by black lines) (reproduced from Russell, R. et al., ²⁴ copyright (2002), National Academy of Sciences, U.S.A.).

netic phase, showing that the initially formed globular state is an intermediate.²⁴ The initial collapse was independent of specific protein mutations and addition of various cations, which led to the conclusion that it is of electrostatic nature,⁹² whereas the following phase is related to formation of specific tertiary contacts, as concluded from complementary investigations.

Another chip development was presented by Park *et al.*, ⁴² also from the Pollack group, introducing a five-inlet channel, with an additional set of channels, placed between the central protein channel and the side channels containing the magnesium ligand. These diagonal channels contained pure buffer, pumped at a very low flow rate, resulting in a thin buffer sheet between the protein sheet and the ligand. By simulation, confirmed by fluorescence imaging, it was shown that this buffer sheet prevented premature mixing of the protein and the ligand. A buffer flow rate of just 0.2% of the total flow rate was enough to move the position where the first well-determined kinetic time could be probed without significant influence of the mixing event, from 130 μ m to 66 μ m. The channel width and path length were 50 and 100 μ m, respectively.

Pfohl and Köster et al. also made significant contributions to the field, fabricating a chip in spark eroded steel with Kapton windows. It was applied to follow the structural response of DNA to mixing with dendrimers^{36,96} or lipids.⁹⁷ The chip had wider channels as compared to the chip by the Pollack group, and considerably lower flow rates were applied. This resulted in lower sample consumption while covering longer kinetic times. At the shortest distances from the intersection point, the collected data reflect the mixing process and thereby a gradient in the concentration of the ligand. Rather than aiming for avoiding this gradient by faster mixing, the X-ray scattering results were discussed in the light of the different local mixing ratios. Formation of compact and oriented liquid crystal-like DNA-dendrimer complexes was reported as well as a study on formation of multilamellar lipid bilayers with intercalated DNA.97 The same setup was also applied to follow the self-assembly of collagen fibrils, following a mixing-induced jump in pH.98 A diffraction peak is observed at certain pH values, corresponding to a repeat distance which is consistent with pentameric fibrils of collagen trimers.

A chip with 3D hydrodynamic focusing, along the lines of Russell *et al.*²⁴ as described above, was presented by Brennich *et al.*,³¹ fabricated in a UV-cured adhesive, based on thiol-ene cross-linking, resulting in a polymeric material as compared to the silicon and steel seen so far. The window was integrated into the chip and hence also composed of UV-cured adhesive, which showed very good characteristics with respect to X-ray transmission and minimal X-ray scattering. The chip had a channel width of 300 μ m and was working at low flow velocities (below 1 mm s⁻¹), covering relatively long time scales. It was applied to follow the assembly of vimentin filaments and the growth of their cross-section. A more sophisticated version of this chip, from the same research

group, featured two sets of inlet side channels, allowing for investigation of the vimentin fiber structure upon subsequent addition of potassium and magnesium, respectively.30 Times up to 20 seconds were covered, as determined from simulations of the flow conditions in the chip.

Ghazal et al. 32 also used chips of UV-cured thiol-ene material, however with polystyrene as window material. The channels were coated on the inside with photocurable polymers to avoid adsorption of the lipids. They studied the effect of exposing negatively charged lipids to Ca2+ ions, which is relevant for certain biological processes such as protein regulation. It was possible to follow the internal structural transitions of the lipid cubosome nanoparticles from cubic Pn3m to Im3m phases upon mixing with calcium on a time scale ranging from 0.5 to 5.5 seconds.

The application of microfluidic mixers for colloids and soft matter besides proteins is limited, likely because of the more readily available samples, making sample consumption less of an issue. A recent example, though, is presented by With et al.37 using a chip fabricated solely from a Kapton film, used for investigating the formation of a lyotropic liquid crystal of block copolymer micelles.

b. Turbulent mixers

In turbulent mixers, two solutions are pumped into the chip to meet at the mixing point, where turbulent mixing takes place, resulting in a homogeneously mixed solution, flowing towards the outlet (Fig. 7A). The formation of chaotic eddies requires a high Reynolds number, which in micrometre sized channels must be obtained by high flow velocities. Typically, velocities on the order of several metres per second are applied, which, of course, requires the availability of large sample volumes (tens of millilitres per minute). The advantage of the turbulent approach is that mixing is about an order of magnitude faster than the diffusional mixing in the laminar mixers, typically at hundreds of microseconds. In addition, because the resulting mixed solution homogeneously fills the X-ray exposure channel, the concentration of the target species will not decrease over time by diffusion out of the X-ray beam.

While the concept of turbulent mixing of liquids is obviously not new,99 the combination with microfluidics and in particular with X-ray scattering has evolved within the past decades. A group of scientists around Hofrichter and Kiefhaber initiated the process with their turbulent mixers, which were not based on microfluidic (planar) chips but on a mixing nozzle.84,124 The solutions are led to the nozzle through two concentric needles, with one solution in the inner needle and the other in the outer needle, surrounding the inner one. The original mixer was not applied for X-ray studies but for fluorescence quenching, which was used to provide information on the folding of cytochrome c. The folding was initiated by dilution of a sample containing a denaturant at concentrations ensuring an unfolded initial state. 124 The same system was also studied with Raman spectroscopy and fluorescence quenching, using a T-shaped turbulent mixer. 125

SAXS measurements were first performed on a modified version of the needle-based mixer. The nozzle size was increased to 300 µm, and it was connected to a quartz capillary for the SAXS measurements. The folding of lysozyme was initiated by either a jump in pH, or by dilution of a sample containing the denaturant guanidinium hydrochloride, GdnHCl. The folding process was followed from 14 to 100 ms. By singular value decomposition, an intermediate structural state was identified and characterized as alpha-helical based on the results from circular dichroism (CD). By using a combination with stopped-flow SAXS measurements on longer time scales, the entire folding process was described, and rate constants were determined based on the temporal evolution of the radius of gyration.

The inclusion on a microfluidic chip of both a turbulent mixer and an X-ray observation channel was made by the Fujisawa group.85 Their chip was produced in stainless steel, with a T-shaped hole cut to serve as inlet channels and a mixing channel and with Kapton or Mylar windows⁸⁶ (see Fig. 9). A narrowing of the channels from 200 µm to 33 µm was introduced just after the mixing point to increase the turbulence (whereas l decreases, v increases with $1/l^2$, leading to an increased Reynolds number, Re = $\rho v l/\eta$). Mixing times as short as 70 μ s were achieved. Folding of cytochrome cwas followed after a pH jump, and intermediates were identified from the temporal evolution of the protein radius of gyration.85 The same chip was used to study the folding after the pH jump of apomyoglobin⁸⁶ and heme oxygenase,⁸⁷ respectively. For apomyoglobin, three kinetic phases are observed by time-resolved CD spectroscopy (using the mixing chip modified for CD by using quartz windows), whereas only two (one within the probed time range) are observed by SAXS. The combination of the two techniques led to the conclusion that an initial fast collapse is followed by a conformational search, including the formation of alpha helices. An equivalent approach was taken for the results on heme oxygenase, also leading to conclusions on a fast initial collapse.

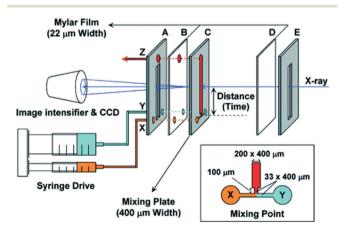


Fig. 9 Schematic illustration of the setup by Akiyama et al. for turbulent mixing and X-ray scattering of protein solutions (reproduced from Akiyama et al., 85 copyright (2002), National Academy of Sciences,

The Bilsel group performed similar experiments, concerning the folding of the enzyme dihydrofolate reductase, which also features an initial collapse of the chain. They used a similar mixing chip, which is, however, not specified in detail. In a following paper, they studied the folding of a TIM barrel (named after triosephosphate isomerase and composed of both alpha helices and beta strands), initiated by dilution of a sample containing the denaturant urea. The folding was monitored with SAXS, FRET and CD.

As an interesting further development, an arrow shaped channel design (see Fig. 10) was introduced by the Bilsel group 126 to obtain mixing times below 50 µs and thereby possibly allow access to the fast initial collapse processes during protein folding that were observed for several proteins as described above. The arrow formation of the channels increases the mixing efficiency by the introduced change in momentum. The first published study¹²⁶ did not include X-ray scattering but was tested by mixing-induced fluorescence quenching. Indeed, the target mixing time of 50 ms was reached for a flow rate of 10 mL min⁻¹, and even faster mixing could be achieved for higher flow rates, where other turbulent mixer designs might require 30-60 mL min⁻¹. A version of the arrow mixer chip, produced in stainless steel with Kapton windows, was used for a SAXS study of the folding of cytochrome c by dilution of a sample containing GdnHCl.⁹¹ A time of mixing below 100 μs was obtained for a 20 mL min⁻¹ flow rate, which is comparable to the results obtained by the Fujisawa group.85 The time resolution was very high at 20 μs, owing to the small X-ray beam applied.

As reviewed elsewhere,⁸¹ several other approaches to reducing the mixing time in turbulent mixers are also given in the literature, however, so far without having been combined with X-ray techniques.

c. Mixing inside droplets

In this approach, a stream of liquid (dispersed phase) is created in a microchannel, and its periodic break-up is induced by flow focusing with a second, immiscible fluid (continuous

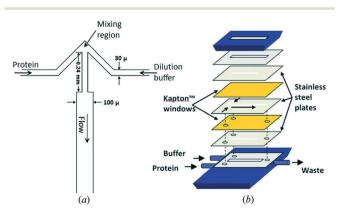


Fig. 10 a) Illustration of the design of the arrow turbulent mixer. b) The assembly of mixer from layers of different materials. Reproduced with permission of the International Union of Crystallography, Graceffa, R. *et al.* (2013). ⁹¹

phase), creating monodisperse, micrometre-sized droplets. Different components that are injected into these vessels will rapidly mix by diffusion after the droplet pinch-off.¹⁴ In a linear flow channel, the shear by the channel walls leads to formation of streamlines forming circulating loops within each half of the droplet. When the droplet travels through a serpentine section of the channel, asymmetric circulation takes place within the droplet, and a volume from one side of the droplet will be folded into the other side. By introducing a series of turns to form a serpentine channel, the mixing time is greatly reduced and can be calculated for a given droplet size.¹²⁷

The confinement of the sample in droplets ensures that there is no dispersion of the sample, which is a great advantage compared to laminar mixers (Fig. 11), as described in section 4a.

Only one example, by Stehle et al., was found for microfluidic droplet mixing in combination with X-ray scattering for kinetic studies. 116 It concerns formation of gold nanoparticles from solution. A train of aqueous droplets is transferred by a continuous oil phase from the chip to a quartz capillary where the SAXS data are collected. This introduces a dead time, and the accessible time scale for the setup is 3.2 to 5 seconds, all covered in one data point. A background scattering is obtained due to the oil-water surfaces of the droplets passing the beam, which is, however, not an issue for the reported results since it is not highly significant compared to the intense scattering from gold. However, for other sample types, such as the protein samples discussed in the previous sections, it would complicate the measurements. Continuous collection of short data frames and the subsequent selections of the ones where no surface is in the beam would then be required.

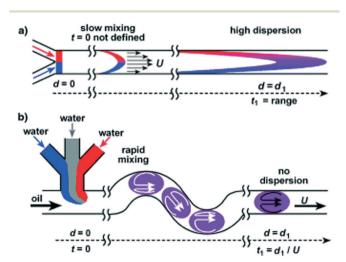


Fig. 11 Illustration of (a) a laminar mixer and (b) mixing in a droplet-based mixer, resulting in faster mixing and a lower degree of dispersion of the sample in the flow direction compared to the laminar mixer, therefore avoiding smearing of the probed kinetic times. Reprinted (adapted or reprinted in part) with permission from Song, H. *et al.*¹²¹ Copyright [2003/John Wiley and Sons] [Biopolymers/John Wiley and Sons]

The advantages of droplet-based mixing, as outlined by Song and Ismagilov *et al.*, are, however, compelling. ^{115,121} Firstly, it does not give rise to dispersion of the sample along the flow direction, as opposed to the laminar mixers, where the velocity profile is parabolic, leading to smearing of the kinetic times. Regarding the mixing time, as illustrated in Fig. 11, it is limited by diffusion as for the laminar mixer. The flow lines of each of the mixing constituents of the dispersed phase will stay in separate loops also after the droplet has formed. However, by designing the chip with zig-zag channels, the merging of the two volumes is improved. Therefore, mixing inside droplets might hold potential for future applications for kinetics and X-ray scattering.

d. Free-jet mixers

The microfluidic mixers described so far all featured an X-ray exposure channel for collection of scattering data or a connection from the chip to a measurement capillary. In recent papers, the possibility for microfluidic formation of liquid jets in free air or under vacuum is also explored. With this approach, fouling of the surfaces of the exposure channel is avoided and background scattering is minimized. Marmiroli et al. 128 showed how this could be used to study fast chemical reactions, in this case, the formation of calcium carbonate nanoparticles. The chip was designed as a laminar mixer, featuring channels in a cross layout (Fig. 7A), with one reagent solution entering the central inlet channel, hydrodynamically focused by the other reagent solution entering from the side channels. After a short (500 µm) output channel, a free jet is formed, with a diameter of 25 μm . Owing to the small dimensions of the output channel (10 $\mu m \times 60$ μm), very fast mixing of less than 40 μs was obtained. In an X-ray exposure channel, these small dimensions might have resulted in significant parasitic scattering from the channel walls, whereas this is no issue for the free jet.

Another interesting aspect of a free jet is its compatibility with X-ray free electron laser (XFEL) beams that are extremely bright and may destroy virtually any kind of chip material. Microfluidic mixers can therefore not be inserted in the beam but can provide a free jet with the continuous supply of fresh sample that is required for XFEL applications. Wang et al. 129 designed a device for mixing and subsequent formation of a free jet, which was based on three concentric tubes. The solution of the particles or crystals of interest is pumped through the centre tube and is hydrodynamically focused by the triggering ligand in the second tube, which is slightly longer. Both these tubes are contained in the third tube, with a gas stream, focusing the mixing solution to a free jet of only 3 µm width. Mixing times down to 150 µs were obtained. As always for continuous flow mixers, different kinetic times are probed by varying the distance from the point of mixing to the point of measurement, in this case by sliding the inner tube. With the applied flow rates, kinetic times from 10 to 1000 ms could be obtained. The same interval would, of course, be reached using a synchrotron source instead of an

XFEL. Trebbin *et al.*¹³⁰ presented a PDMS microfluidic chip with the same function, mixing of solutions and formation a free jet using a gas flow. Compared to the concentric tubes of Wang *et al.*, this provides better fabrication reproducibility of channel dimensions and design. It was shown that the chip could operate under vacuum, making it compatible with an evacuated chamber at an X-ray beamline. The mixing ability of the chip was mainly intended for advanced sample delivery, as opposed to the kinetic applications mentioned by Wang *et al.*¹²⁹

5 Sample processing

a. Sample handling and delivery

Although a clear advantage of using microfluidic devices is the ability to precisely control fluid flows as well as the possibility of generating a multitude of conditions for scanning large parameter spaces, microfluidic devices can also be used as sample delivery or capture devices for minute amounts of samples prepared off-chip. Most of the reported applications within this category are within delivery of microcrystals for collection of diffraction data. Table 4 summarizes recent advances in microfluidic devices for sample delivery with *in situ* X-ray data collection.

Lyubimov *et al.* were able to efficiently capture microcrystals from a small volume of slurry ($<10~\mu L$) into a hydrodynamic trap array for X-ray data collection (Fig. 12). Murray *et al.* used hydrophobic and hydrophilic surface patterns to help localize microcrystals. Oberti *et al.* used acoustic forces to move crystals in micromachined channels towards an orifice where they could be removed using a nylon loop. Acoustophoresis could be used advantageously for sample manipulation and delivery in future crystallography applications as the process is gentle and does not damage the crystals.

Weinhausen *et al.* developed an X-ray compatible microfluidic device for X-ray measurement on hydrated cells based on a commercially available UV-curable adhesive (NOA 81, Norland Optical Adhesives, Cranbury, NJ).²⁶ The device is sealed with Kapton® foil and features X-ray compatible silicon nitride windows as a growth substrate for cells. That is, the sample is not delivered by the chip but grown on the chip, readily available for X-ray inspection.

Another use of microfluidics as a sample delivery method is the use of microjet for X-ray free electron lasers (XFEL). XFELs, with their extremely intense beam, are gaining importance in serial crystallography and as a method for addressing the structure of proteins that fail to produce crystals large enough to be examined using traditional synchrotron X-ray radiation. To outrun radiation damage, an approach by Neutze *et al.* ¹³³ commonly referred to as 'diffraction before destruction' is used. Neutze *et al.* proposed this approach already in year 2000 based on simulations and theoretical considerations. Through femtosecond laser pulses, the protein structure is acquired before the crystal is obliterated by the intense XFEL radiation. ^{134,135} In a pioneering work, Chapman *et al.* ¹³⁶ used the diffraction-before-destruction technique to

Table 4 Microfluidic devices for sample handling and delivery with in situ X-ray data collection a

Chip features	Chip material/fabrication	Window material and thickness	Sample volume/ consumption	Sample investigated	X-Ray technique	Beamline, source, X-ray energy	Ref.
Nozzles (purchased from Microliquids GmbH)	Convergent quartz glass nozzle pulled out over oxygen-hydrogen flame; 10–15 um diameter iet	Vacuum (no window, free jet)		Liquid phase molecular dynamics and chemistry	X-ray spectroscopy	LCLS, Stanford, 0.54 keV	Kunnus <i>et al.</i> (2012) ^{140–143}
Silica capillary	Electrospun microjet, 50 μm diameter internal capillary, 50 μm jet	Vacuum (no window, free jet)		Photosystem II	X-ray diffraction and spectroscopy	LCLS, Stanford, 9.7 keV	Kern <i>et al.</i> (2013) ¹⁴⁴ and Sierra <i>et al.</i> (2012) ¹⁴⁵
PDMS droplet generator connected to a thin glass tube capillary <i>via</i> a piece of polyethylene tubing for <i>in situ</i> data collection	PDMS/photolithography and soft-lithography	10 µm thick glass capillary	~100 µm size droplets	Gold nanoparticles	SAXS	Beamline 7T-MPW-SAXS, BESSY II, 7.5 and 8.0 keV	Stehle <i>et al.</i> (2013) ¹¹⁶
Microfluidic device allowing cell-culture and <i>in situ</i> X-ray imaging	UV-curable adhesive, Kapton® and silicon nitride/photolithography and soft lithography	Silicon nitride		Hydrated cells	Scanning X-ray diffraction	Beamline P10, PETRA III, 7.9 keV, beam size: $360 \times 280 \text{ nm}^2$	Weinhausen and Köster (2013) ²⁶
Hollow-core fused silica optical fibre as the inner capillary, borosilicate glass forms the outer housing	Two capillaries inserted into one another to form droplets, 360 µm outer diameter and 20–50 µm inner diameter, 1.2 mm outer diameter by 0.9 mm inner diameter	Vacuum (no window, free jet)	NA	Performance test only	X-ray diffraction	LCLS, Stanford, 9.4 keV	Abdallah <i>et al.</i> (2015), ¹⁴⁶ DePonte <i>et al.</i> (2008), ¹³⁹ Weierstall <i>et al.</i> (2012) ¹⁴⁷ and Redecke <i>et al.</i> (2013) ¹⁴⁸
Microfluidic chip, which can capture microcrystals at fixed, addressable points in a trap array from a small volume (<10 µl) of a pre-existing slurry grown off-chip	PDMS/photolithography and replica molding	250 µm PMMA + 50 µm PDMS	<5 µl sample per chip	Protein microcrystals	X-ray crystallography, Room temperature without flash cooling	X-ray Pump Probe endstation, LCLS and beamline 12-2, SSRL	Lyubimov et al. (2015) ¹³¹
Features hydrophobic and hydrophilic surface patterns to help localize microcrystals	Three layer chip composed of silicon nitride, a photoresist and Kapton®/photolithography	150 nm silicon nitride and 8 µm Kapton®	<2 μL	Protein microcrystals	X-ray crystallography, Room temperature	Beamline 12-2, SSRL and X-ray Pump Probe endstation, LCLS and beamline 23-ID, APS	Murray et al. $(2015)^{27}$

^a Abbreviations: LCLS, Linac Coherent Light Source; BESSY, Berliner Elektronenspeicherring-Gesellschaft für Synchrotronstrahlung; SSRL, Stanford Synchrotron Radiation Lightsource; APS, Advanced Photon Source.

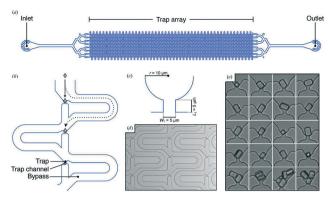


Fig. 12 A microfluidic trap array for protein microcrystals. (a) Schematic representation of the crystal-capturing device design. (b) Close-up of the general scheme for trap-and-bypass hydrodynamic crystal capture. (c) Schematic of a single hydrodynamic trap [labelled in (b); WT is the width of the trap channel and LT is the length of the trap channel]. (d) Light micrograph of a representative section of a fabricated crystal-capture chip. (e) Light-micrograph series showing single and multiple high-purity egg-white lysozyme (HEWL) microcrystals immobilized in hydrodynamic traps (reproduced with permission from the International Union of Crystallography; Lyubimov et al., 2015 (ref. 131)).

solve the structure of membrane protein photosystem I with a sub-nanometre resolution. 136 A typical setup of microfluidics coupled with XFEL is presented in Fig. 13. Nanocrystals are injected and form a 4 µm diameter jet that flows at 10 m s⁻¹ perpendicular to the XFEL beam that is focused on the jet.

In another example, Abdallah et al. used a free-jet microfluidic system^{138,139} similar to the one used by Chapman et al. to study photosystem I nanocrystal fractions that range between 200 and 600 nm in size. Other examples of the combination of liquid jet with XFEL are presented in Table 4; however, it should be noted that the examples mentioned in the table do not cover all papers utilizing the combination of microfluidic free-jet systems with XFEL but rather are a representation of the most common techniques.

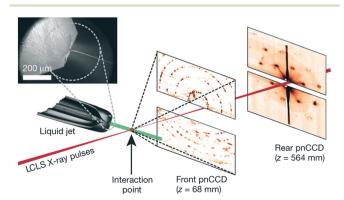


Fig. 13 Typical setup of a microjet coupled with XFEL. Inset: SEM image of the nozzle. Two pairs of high-frame-rate pnCCD detectors 137 record low- and high-angle diffraction from single X-ray FEL pulses, at the FEL repetition rate of 30 Hz. Reprinted by permission from Macmillan Publishers Ltd. [Nature] (Chapman et al. 136), copyright (2011).

b. Confinement and alignment

In microfluidic systems, confinement of the flowing sample can either take place near a solid surface (the microchannel walls and pillars etc.) 16,149-152 or near a liquid-liquid interface, created by hydrodynamic focusing. 16,17,96,152-154 SAXS measurements were then collected at different positions along the length of the microchannel. Systems that were studied under alignment and confinement by microfluidics include liquid crystals, 153,155 cellulose nanofibrils, 17,154 filamentous proteins, 152 DNA and surfactant micelles. 13,112,149,150

Flow alignment can be exploited to investigate material properties that are usually not accessible from the nonoriented sample. Furthermore, new and unexpected phenomena can emerge once confinement and alignment under nonequilibrium conditions in microfluidic systems are achieved. However, still only a limited number of studies exploited the advantages associated with microfluidics coupled with X-ray techniques for confinement and alignment studies (see Table 5).

Small-angle X-ray scattering (SAXS) was used to probe the real-time dynamic evolution of the supramolecular interactions between DNA and cationic dendrimers (Fig. 14), which assemble with an orientation transverse to the flow direction. DNA was injected in the center channel (depicted in green in Fig. 14) using a custom-built syringe setup and was then focused by two side streams containing dendrimers.

Other biological applications include the alignment of filamentous proteins through confinement in microchannels. 152 Similar devices to the one used in Fig. 14 are commonly used in mixing applications as mentioned in section 4 on mixinginduced kinetics^{62,66,86,98} but can also be used for aligning the DNA molecules. The microchannels were cut using spark erosion into stainless steel plates then covered with thin adhesive Kapton foils. All SAXS images showed an orientation of the dendrimer-DNA complexes aligned transverse to the flow direction at a point in the microdevice where the strain rate is highest.

Håkansson et al. used a hydrodynamic-focusing microfluidic system to produce homogeneous and smooth filaments from a dispersion of cellulose nanofibrils. 17,154 Cellulose pulp fibers with fully aligned fibrils can be comparable to glass fibers in strength and comparable to poly(pphenylene terephthalamide) (PPTA) (commercially known as Kevlar or Twaron) in specific stiffness. 157 The microfluidic system was combined with SAXS to understand and control the formation process of such filaments. Different flow rate ratios, salt concentrations, and sample concentrations were used for this study, with a sample consumption of ca. 5 µL s⁻¹. The microfluidic system was prepared by cutting out channels in 1 mm thick stainless steel which was then sandwiched between two polyimide (Kapton) windows. The system uses hydrodynamic focusing for alignment, in a similar way to Pfohl⁹⁶ and Silva; however, somewhat surprisingly, the device must be bigger if good alignment of fibrils is to be achieved. Therefore, dimensions of 1 mm were applied for both width and height of the channel, which is

Table 5 Microfluidic devices for confinement and alignment

Ref.	Barrett et al. $(2006)^{34}$	Dootz et al. $(2007)^{153}$	Pfohl et al. $(2007)^{96}$	Martin <i>et al.</i> $(2010)^{150}$	Trebbin et al. $(2013)^{151}$	Håkansson et al. (2014, 2015) ^{17,154}	Silva <i>et al.</i> (2015) ¹⁶	Poulos, S. <i>et al.</i> (2016) ¹⁶⁰	Martin et al. $(2016)^{149}$
Source/beamline	Microfocusing I endstation ID18F, c	ID10B at the European Synchrotron Radiation Facility (ESRF)	ID10B at the European Synchrotron Radiation Facility (ESRF)	122 beamline at Diamond Light of Source, Oxfordshire, UK	Beamlines BW4 and P03 at HASYLAB/DESY (PO3 beamline, at the PETRA III, of DESY, Hamburg, 23 Germany	csAXS, Swiss Light Source, Paul (Scherrer Institute SAXS/D beamline Stanford Synchrotron Radiation Light Source	mline, ad Light (UK); energy of d 17 keV	$\overline{\mathcal{Q}}$
Beam dimensions	10×40 μm^2	20 µm in diameter	20 μm diameter	150×100 $\mu\mathrm{m}^2$	20×30 μm^2	24×11 μm^2	$6 \times 40 \mu\text{m}^2$ 30×300 μm^2	Approx. 300×500 μm^2	150×150 μm^2
Sample and sample orientation	Wormlike micelles under shear	Smectic liquid crystal n-octyl-4-cyanobiphenyl (8CB)	DNA compacted using cationic dendrimers, strong orientation preferentially along the flow direction	Surfactant mixtures containing SDS and CTAC	Cylindrical block copolymer micelles, anisotropic colloidal particles align perpendicular to the flow direction	Cellulose nanofibrils	Nematic liquid crystals, aligned in the direction of the flow with a small tilt angle of 11°	Lamellar and multilamellar vesicle phases of the linear sodium alkylbenzenesulfonate surfactant	Single-chain cationic surfactant, a short-chain alcohol and water; orientation varies between parallel and perpendicular depending on the position in the channel
Sample volume/consumption/flow rates	$1-60 \mu L h^{-1}$, all the micelles are aligned with the flow	10–500 µm s ^{–1}	100 µm s ⁻¹	1 mL h^{-1} corresponding to 7 mm s ⁻¹	$32.4~\mu L~h^{-1}$ corresponding to $360~\mu m~s^{-1}$	10-14 μL s ⁻¹	0.1–3 µL min ^{–1}	1 mL h ⁻¹	0.1 to 5 mL h ⁻¹ , corresponding to fluid residence times of approximately 2–400 s
Window material and thickness	Kapton KJ used as windows and was thermally bonded to the standard Kapton film	Adhesive polyimide (Kapton) windows (53 µm thick)	Adhesive polyimide (Kapton) windows	150 µm thick glass + varying PDMS thicknesses ranging from approximately 0.9 mm to 1.8 mm	Kapton tape	Polyimide (Kapton) windows		300 µm borosilicate glass	1 mm thick PDMS window
Chip material/fabrication	Laser ablated polyimide (Kapton)	PDMS/molding using photolithographic techniques (SU-8)	Spark eroded stainless steel covered with Kapton	PDMS and glass, with SU-8 as master	PDMS microfluidic chip covered with Kapton tape	Stainless steel sandwiched between two Kapton sheets	Cyclic olefin copolymer (COC) (commercially available)	Thiol-ene copolymer (NOA 81) within thin borosilicate plates	PDMS microfluidic chip made by soft lithography, SU-8 master is used
Chip features	The channel sizes are 300 µm in width and 40 µm in depth	A network of channels meeting at a cross; uniform channel height of 150 μm while the width changes from 50 to 150 μm	A network of channels meeting at a cross; uniform channel height of 300 μm and width of 150 μm	The channel sizes were approximately 70 µm in height, 16 cm in length and with widths varying from 100 to 2000 µm	Microfluidic devices with channels of 100 µm height, with width varying from 150 to 50 µm and of 16 cm overall length	A network of channels meeting at a cross; the channel cross section is a square with width and depth of 1 mm	A network of channels consists of 4 inlets meeting at a cross; the channel cross section is square with a width of 100 um	2 mm wide channel with a single constriction of 400 µm width and a constant depth of 540 µm	Microfluidic devices with channels of 70 µm height, with width varying from 100 to 2000 µm and of 16 cm overall length

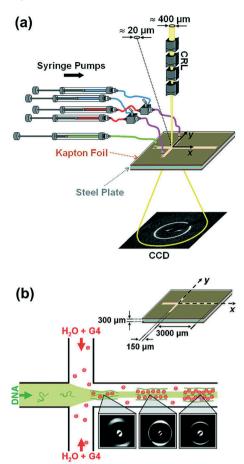


Fig. 14 Experimental setup of the DNA compaction experiment. (a) The microdevice was placed in a microfocused X-ray beam, and a diffraction pattern was acquired; (b) close-up schematics of the device showing relevant length scales. Reprinted (adapted) with permission from Pfohl et al. ⁹⁶ Copyright (2007), American Chemical Society.

comparable to length scales in some of the traditional macroscopic rheological techniques. However, we still included the work in this review because traditional microfabrication techniques were applied and because microchannels of smaller dimensions were also investigated in order to determine the optimal channel dimensions. The filaments are prepared by utilizing a surface-charge-controlled gel transition. 158,159 Fig. 15 shows an idealized description of the assembly phase of the filament-forming process, as derived from the scattering data. Above and below the illustration of flowing nanofibrils, the mechanical (above) and electrochemical (below) processes affecting the fibrils are illustrated. In the liquid dispersion, fibrils are fairly free to rotate (a), due to strong electrostatic repulsion (e). An accelerating flow causes the fibrils to align in the flow direction^{65,112} (b). Before the alignment is lost due to Brownian diffusion (c), the electrostatic repulsion between the particles is reduced by an electrolyte diffusing into the suspension (f-h). Finally, the aligned structure is frozen as a gel (d).

The orientation of flowing liquid crystals using microfluidics and SAXS was studied by Silva *et al.*¹⁶ The microfluidic system used was made of cyclic olefin copolymer

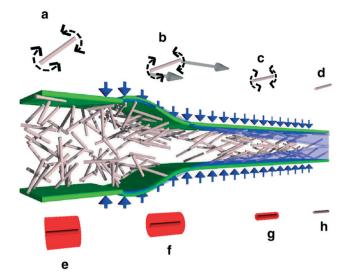


Fig. 15 Illustration for the use of hydrodynamic-focusing microfluidics to produce filaments from a dispersion of cellulose nanofibrils; (reproduced from) reprinted with permission from Macmillan Publishers Ltd. [Nature] (Håkansson et al. ¹⁷), copyright (2014).

(COC or Topas) and commercially available. The system features a network of four channels meeting at a cross. The same system was used to study shear effects of a nematic liquid crystal under confinement by either a solid wall or a liquid wall. SAXS data were collected using the setup presented in Fig. 15. For solid-wall confinement, the sample is flowed at a flow rate of 3 μ L min⁻¹ at the inlet of the long channel (depicted in Fig. 16a) and collected at the other three outlets. For liquid-wall confinement, hydrodynamic focusing of the nematic liquid crystal solution between sheets of Triton X solutions was obtained by using three channels as inlets (Ch. 1–3, see Fig. 16d). By collecting scattering data at various positions on the chip, the effect on the nematic ordering by flow rates, wall-confinement and surfactant could be probed.

In another work, Martin et al. 149 combined microfluidics with SAXS to study concentrated surfactant mixtures. They studied the influence of model flow fields (contractionexpansion and rotational flows) on the microstructure and relaxation of a surfactant mixture in microdevices. Four different microfluidic designs were used for this study (Fig. 17). The channel of each design is patterned differently with constrictions such as the case in MC2, array of circular posts in MC3 and bends in MC4. MC1 consists of a 3 cm long and 1 mm wide unpatterned channel, followed by a 13 cm long and 2 mm wide channel. MC2, on the other hand, consists of four constrictions of 100 µm width and 820 µm length each. MC3 comprises an array (5 × 4) of circular posts with a diameter of 150 μm and an inter-post spacing of 50 μm. MC4 comprises a meandering channel with 22 bends with an outside diameter of 1750 μm , forming a total average flow path length of

The alignment in this work is based on the effect that geometric objects (such as the circular posts) have on the fluid rather than shear forces induced by the focusing fluids from

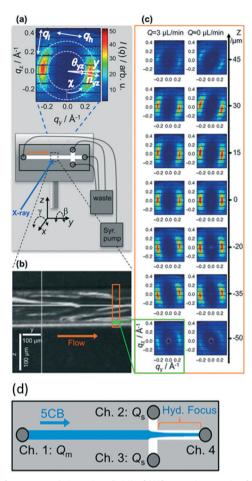


Fig. 16 Summary of the microfluidic SAXS experiments by Silva *et al.* (a) Typical SAXS pattern (top) and schematic of the microfluidic device. A typical SAXS pattern at small q is dominated by the nematic phase correlation peak. (b) Snapshot of 5CB liquid crystals flowing slowly before data acquisition. (c) Representative scattering patterns of a flowing nematic phase recorded along the width (z direction) of the microchannel at a flow rate of 3 μ L min⁻¹ (left) and at rest (right). (d) Liquid-wall confinement. Reprinted with permission from Silva *et al.* ¹⁶ Copyright (2015), ACS Publications.

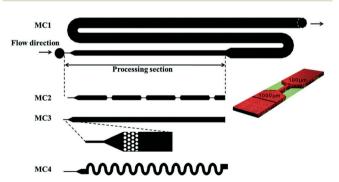


Fig. 17 Microfluidic channel designs with different patterns such as constrictions, array of circular posts and bends (reproduced from Martin *et al.* 149 with permission from the Centre National de la Recherche Scientifique (CNRS) and The Royal Society of Chemistry).

the sides. The SAXS data shown in Fig. 18 reveal a degree of alignment of the lamellar phase. The lamellar structures align with the channel walls and remain mostly isotropic

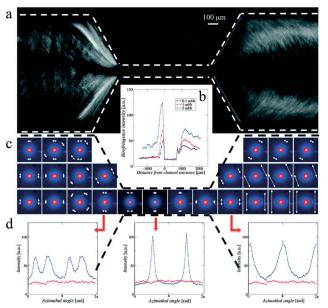


Fig. 18 CTAC/pentanol/water system under flow through the first constriction of MC2 from a width of 1000 μm to 100 μm at a flow rate of 5 mL h $^{-1}$; (a) a cross-polarized optical micrograph; (b) birefringence intensity along the channel from the constriction entrance; (c) 2-D SAXS map; (d) azimuthal average of the intensity for 2-D SAXS for the surfactant system (blue symbols) and for the background (red symbols) at constriction entrance (left), within the constriction (middle), and upon exit (right) (reproduced from Martin et al., 2016 (ref. 149) with permission from the Centre National de la Recherche Scientifique (CNRS) and The Royal Society of Chemistry).

along the channel centreline. The geometric constriction forces the lamellar stacks to align parallel to the flow; however, upon expansion at the exit of the constriction, the lamellae flip to a perpendicular orientation to the flow and return to a less ordered, 'polycrystalline' arrangement compared to the single crystalline order present in the constriction. A similar study was carried out by Poulos *et al.*¹⁶⁰ on lamellar and multilamellar vesicle phases.

Priebe *et al.*¹⁶¹ studied the shear induced alignment of multilamellar lipid assemblies in a microfluidic jet, formed by a nozzle under different shear conditions, which can be controlled by varying the flow rate and nozzle diameter. The orientation of the lipid was investigated across the jet, and showed strong alignment parallel to the direction of the flow, as presented in Fig. 19. The degree of alignment was highest at the centre of the jet. This was related to the fact that the elongational strain was highest at the centre of the nozzle, whereas the shear rate was highest near the nozzle walls. For the applied volumetric flow rate of 1 ml min-1 and two different jet widths of 40 μm and 13 μm , only a small degree of relaxation of the alignment was observed along the direction of the jet flow, before the jet breaks up into droplets *ca.* 25 μs after exiting the nozzle.

Another interesting possibility of utilizing shear forces present inside a microchannel was demonstrated by Barrett *et al.*, who used shear forces to promote structural transitions of pre-formed micelles.³⁴

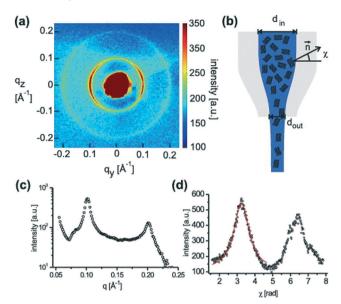


Fig. 19 (a) Typical diffraction pattern (raw data) of a multilamellar sample with the circular segments of n=1 and n=2 lamellar orders, recorded by the CCD. (b) Schematic of the shear-induced orientation of lamellar domains. (c) The radial intensity profile derived from (a), showing two lamellar reflections. (d) The azimuthal distribution, reflecting the sample alignment, fitted to a Lorentzian with a linear background (solid line). Reprinted with permission from Priebe et al. ¹⁶¹ Copyright (2010), New J. Phys., IOP Science.

Microfluidics for alignment and shear force studies is a field where not only X-ray scattering but also neutron scattering shows great potential. Neutron scattering provides complementary scattering contrasts compared to X-ray scattering, including the possibility of contrast variation by selective isotope labeling. The microfluidic chips might be prepared using a wide variety of materials, including metals, owing to the high transmission of neutrons through these. Unfortunately, the large neutron beams, typical beam diameters are in the range of 8-20 mm, are not immediately compatible with micrometer to sub-millimeter sized microfluidic channels. However, the high neutron intensity at the upcoming European Spallation Source Facility gives promise also in this area. This has sparked a few pioneering experiments in the field and the first results, investigating model surfactant systems under shear flow, using a 500 µm neutron beam, have been reported by Lopez et al. 10 Judging from the current initiatives in the field, there are more to follow. 162-164

6 Discussion and outlook

We have provided a comprehensive review of the past 15 years of development within the field of microfluidics for X-ray analysis at synchrotron beamlines, including a few applications of XFEL sources as well. An overall picture of a field that is still in its youth and highly dominated by a few pioneering groups collaborating closely with highly dedicated synchrotron beamlines emerges.

The review shows that microfluidics has obvious applications when it comes to efficiently producing many different samples allowing the investigation of the interaction between a biological molecule and its surrounding buffer. As shown in section 3, this may be relevant when identifying crystallisation conditions for a protein and in a protein formulation context when optimising the buffer for a given solution structure state of the protein. Additionally, microfluidics may also be used as an integrated sample preparation and delivery platform at a synchrotron X-ray beamline.

Some of the first devices were designed for investigating protein or DNA folding in a time-resolved fashion. Here, various microfluidic devices were used to trigger a structural change in the bio-macromolecule through pH changes or diffusion of ligands. As discussed in section 4, the time-scales that can be studied using this approach are limited by the diffusion time of the involved molecules. This sets a lower limit at about 0.1 millisecond for the fastest accessible processes which makes the approach suitable to investigate larger structural rearrangements for a broad range of biomolecules. However, it also suggests that additional development is required to cover some of the faster structural transitions.

During the past ten years, there has been some focus on using the rather extreme flow fields within microfluidic channels to shear-align highly anisotropic samples. As shown in section 5, this is a very interesting development that provides unique data and also a lot of opportunities for further fundamental studies.

Based on our review of the field, it is relevant to ask whether the combination of microfluidics and X-ray techniques is really as promising as proposed by some of the pioneers within the field. Our review shows that it is not possible to provide a single answer to this question; instead, the answer depends largely on which application this combination is going to be used for and which scientific challenge it is addressing. Our review also shows that it is maybe still too early to fully assess the potential of the combined approach.

We believe that there are four major lines of applications when using this combination: 1) high-throughput sample mixing and delivery such as in the case of protein crystallography where microfluidics is used as a platform that in principle allows for investigating a large parameter space very effectively to identify different crystallization conditions.²⁸ 2) Obtaining a dynamic sample preparation environment, which allows for tuning the buffer conditions during an experiment and based on feedback from the experimental results.¹¹ 3) Obtaining insight into the dynamics of a sample through controlled microfluidics enabled mixing^{81,82} and 4) as a means for investigating sample behavior as a function of a strong shear field.¹⁶⁰

Regarding 1), the early development of microfluidics based crystallisation platforms was initiated about 20 years ago when there was a very large demand for efficient tools for this purpose. However, in parallel with the microfluidics development, there has also been a very strong development within liquid handling robots for the same purpose, 47,165

standardised and highly effective screening kits for different types of proteins, 166 along with sample loading robotic devices for crystallography data acquisition. 167,168 Most of the modern synchrotron based high throughput facilities for protein crystallography (e.g. at Diamond and ESRF) are based on this combination of setups. Thus, while the underlying problem cannot yet be regarded as fully solved, and while there is still room for further development, most of the present activity is focused on the very fast and robust liquid handling robots and sample loading devices. However, as shown from examples in this review, there is an interesting recent development in the use of combined microfluidics and serial crystallography where microfluidic platforms can be used to both prepare and load the crystals without the necessity for cryocooling. This opens up the possibility of using gentle microfluidic methods, such as acoustophoresis, to manipulate fragile crystals¹³² and place them in the beam path.

Regarding 2), microfluidics enables a dynamic sample preparation environment. This means that the sample composition and hence the experiment design may, in principle, be optimised during the experiment and as a response to the incoming experimental results. This idea was first proposed in a couple of articles by some of the authors of this review^{11,33} and suggestions for microfluidic platforms for this purpose were developed. However, the challenge of systematically integrating these with fully automated data analysis in order to provide automated feedback to the sample preparation units still remains. More recent solutions have focused instead on the preparation of a large number of samples with pre-defined conditions,⁷⁸ sacrificing flexibility for more simplicity and minimal sample consumption.

Regarding 3), microfluidics enables time resolved studies of mixing induced structural kinetics. For mixing on the millisecond time scale, the use of laminar flow conditions drastically reduces the required sample volume as compared to classical stopped-flow techniques, which is essential especially for many biological samples. Sub-millisecond time scales can also be reached, however, requiring much higher sample volumes to enable fast turbulent mixing. Since the functioning of proteins, as well as the properties of soft materials in general, are closely related to their structure and dynamics, we believe that this application of microfluidic chips will continue to grow.

Regarding 4), the use of synchrotron X-ray on conventional macroscopic rheological setups has been extensively explored in the past few decades. However, coupling microscopic rheological setups (microchannels) with synchrotron X-ray techniques is still in its infancy, and compared to the other microfluidic applications discussed in this review, it is the least explored avenue of research. However, the studies published so far show how the approach has great potential for exploring non-Newtonian phenomena that are not easily studied with other techniques.

As mentioned above, the general combination of microfluidics and X-rays is still in its early years, and therefore, most synchrotron X-ray beamtime sessions, where microfluidics are applied, are still highly experimental and require immense efforts from both users and local beamline staff, while yielding less data compared to standard experiments. According to our experience, set-up times of the microfluidic experiments ranging from 6 to 24 hours are not unusual before any results can be acquired. In addition, since the experimental setup is configured manually with the help of a local beam scientist, even minor configuration changes can cost considerable amounts of time. An additional challenge associated with the combination of microfluidics and X-rays is the need for rather different fields of expertise on the experimental team. Due to the limited availability of standardized microfluidic solutions, a microfluidic expert is required on the team to design and manufacture the customized microfluidic system that can address the group's specific needs. However, the fact that a multidisciplinary team with expertise in microfluidics, X-ray experiments, and biological (or other) systems need to collaborate to complete a successful experiment may also help bring together researchers and scientists with different backgrounds to develop radically novel solutions for specific challenges.

It is also noteworthy that the field of combining microfluidics and synchrotron X-ray so far is highly dominated by universities and academic research groups but lacks the serious involvement of industrial partners. This is probably due to the advanced, edge-of-science nature of the experiments, which may not be compatible with the expertise and resources available to companies working in the field. Another important factor is certainly the fact that application cases that are sufficiently convincing to industry still need to be developed.

To summarize, the combination of microfluidics and synchrotron X-ray techniques should be considered an emerging method still under development. Just like any new technology, it has to go through a considerable amount of optimization and maturation in order to reach a larger audience. The good news is that many synchrotron facilities around the world have started to build beamlines with very narrow beams that are optimally suited for microfluidic applications. Also, the recent advancements in microfluidic large scale integration (mLSI),169 where thousands of integrated micromechanical components such as valves can be integrated together, are promising for application in biology and chemistry to perform fast, reliable analysis and replace mechanical automation solutions such as fluid-handling robots. Moreover, with more and more microfluidic companies, standardized, affordable and reliable microfluidic solutions should become available for a broader community in the coming years. 170

Acknowledgements

The authors would like to acknowledge funding to beamtime travels from the DANSCATT programme under the Danish Research Infrastructure Programme, CoNeXT funding from the

UCPH-2016 Programme of Excellence. Furthermore, Lise Arleth wishes to acknowledge the Danish Council for Independent Research for a Sapere Aude Starting Grant.

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